



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# LEARN SKILLS BUILD CONFIDENCE

## 5 ELEMENTS SOO BAHK DO KARATE

**Tuesdays and Thursdays 4:30–5:30 p.m.**

Learn important skills such as: discipline, self-control, flexibility and coordination, while working on team work and making friends, in a fun and positive environment.

- **Members: \$30/month**
- **Program Members: \$40/month**
- **Non-Members: \$60/month**

**Call 440.871.6885  
or visit the front desk to sign up!**



**WEST SHORE YMCA  
1575 Columbia Rd, Westlake, OH 44145  
(440) 871-6885**

#ForaBetterUs

[clevelandymca.org](http://clevelandymca.org)

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