



WARRENSVILLE HEIGHTS YMCA AQUATICS SCHEDULE DECEMBER 2020



	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
TIME	LAP POOL	LEISURE POOL	LAP POOL	LEISURE POOL	LAP POOL	LEISURE POOL	LAP POOL	LEISURE POOL	LAP POOL	LEISURE POOL	TIME
6:00a	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	6:00a
6:30a	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	6:30a
7:00a	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	7:00a
7:30a	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	7:30a
8:00a	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim(2 Lanes)	Family Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim(2 Lanes)	Family Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	8:00a
8:30a	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim(2 Lanes)	Family Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim(2 Lanes)	Family Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	8:30a
9:00a	DEEP CLEANING		Lap/Rec Swim(2 Lanes)	Family Swim	DEEP CLEANING		Lap/Rec Swim(2 Lanes)	Family Swim	DEEP CLEANING		9:00a
9:30a	AQUA AEROBICS		Lap/Rec Swim(2 Lanes)	Family Swim	AQUA AEROBICS		Lap/Rec Swim(2 Lanes)	Family Swim	AQUA AEROBICS		9:30a
10:00a	AQUA AEROBICS		Lap/Rec Swim(2 Lanes)	Family Swim	AQUA AEROBICS		Lap/Rec Swim(2 Lanes)	Family Swim	AQUA AEROBICS		10:00a
10:30a	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim(2 Lanes)	Family Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim(2 Lanes)	Family Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	10:30a
11:00a	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim(2 Lanes)	Family Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim(2 Lanes)	Family Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	11:00a
11:30a	AQUACISE		AQUA TONE		AQUACISE		AQUA TONE		AQUACISE		11:30a
12:00p	AQUACISE		AQUA TONE		AQUACISE		AQUA TONE		AQUACISE		12:00p
12:30p	DEEP CLEANING/ POOL CLOSED		DEEP CLEANING/ POOL CLOSED		DEEP CLEANING/ POOL CLOSED		DEEP CLEANING/ POOL CLOSED		DEEP CLEANING/ POOL CLOSED		12:30p
1:00p	AQUA ARTHRITIS		POOL CLOSED		AQUA ARTHRITIS		POOL CLOSED		Lap/Rec Swim (3 Lanes)	Family Swim	1:00p
1:30p	AQUA ARTHRITIS				Lap/Rec Swim (3 Lanes)	Family Swim			1:30p		
2:00p	Lap/Rec Swim(2 Lanes)	Family Swim	POOL CLOSED		Lap/Rec Swim(2 Lanes)	Family Swim	POOL CLOSED		Lap/Rec Swim (3 Lanes)	Family Swim	2:00p
2:30p	Lap/Rec Swim(2 Lanes)	Family Swim			Lap/Rec Swim (3 Lanes)	Family Swim			2:30p		
3:00p	Lap/Rec Swim(2 Lanes)	Family Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim(2 Lanes)	Family Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim (3 Lanes)	Family Swim	3:00p
3:30p	Lap/Rec Swim(2 Lanes)	Family Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim(2 Lanes)	Family Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim (3 Lanes)	Family Swim	3:30p
4:00p	Lap/Rec Swim(2 Lanes)	Family Swim	Teen Café (Pool Closed)		Lap/Rec Swim(2 Lanes)	Family Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	Teen Café (Pool Closed)		4:00p
4:30p	Lap/Rec Swim(2 Lanes)	Family Swim	Teen Café (Pool Closed)		Lap/Rec Swim(2 Lanes)	Family Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	Teen Café (Pool Closed)		4:30p
5:00p	Lap/Rec Swim(2 Lanes)	Family Swim	Lap/Rec Swim (2 Lanes)	Swim Lessons	Lap/Rec Swim(2 Lanes)	Family Swim	Lap/Rec Swim (1 Lane)	Swim Lessons	Lap/Rec Swim (3 Lanes)	Family Swim	5:00p
5:30p	Lap/Rec Swim(2 Lanes)	Family Swim	Lap/Rec Swim (2 Lanes)	Swim Lessons	Lap/Rec Swim(2 Lanes)	Family Swim	Lap/Rec Swim (1 Lane)	Swim Lessons	Lap/Rec Swim (3 Lanes)	Family Swim	5:30p
6:00p	Lap/Rec Swim (3 Lanes)	Family Swim	Lap/Rec Swim (2 Lanes)	Swim Lessons	Lap/Rec Swim (3 Lanes)	Family Swim	Lap/Rec Swim (1 Lane)	Swim Lessons	Lap/Rec Swim (3 Lanes)	Family Swim	6:00p
6:30p	AQUA BOOTCAMP (FEE BASED)		Lap/Rec Swim (2 Lanes)	Swim Lessons	Lap/Rec Swim (3 Lanes)	Family Swim	Lap/Rec Swim (1 Lane)	Swim Lessons	Lap/Rec Swim (3 Lanes)	Family Swim	6:30p
7:00p	AQUA BOOTCAMP (FEE BASED)		Lap/Rec Swim (2 Lanes)	Swim Lessons	Lap/Rec Swim (3 Lanes)	Family Swim	Lap/Rec Swim (1 Lane)	Swim Lessons	Lap/Rec Swim (3 Lanes)	Family Swim	7:00p
7:30p	Lap/Rec Swim (3 Lanes)	Family Swim	Lap/Rec Swim (2 Lanes)	Swim Lessons	Lap/Rec Swim (3 Lanes)	Family Swim	Lap/Rec Swim (1 Lane)	Swim Lessons	Lap/Rec Swim (3 Lanes)	Family Swim	7:30p
8:00p	POOL CLOSED		POOL CLOSED		POOL CLOSED		POOL CLOSED		POOL CLOSED		8:00p

	SATURDAY		SUNDAY	
TIME	LAP POOL	LEISURE POOL	LAP POOL	LEISURE POOL
9:00a	AQUA KICKBOXING		POOL CLOSED	
9:30a	AQUA KICKBOXING			
10:00a	Lap/Rec Swim (3 Lanes)	Swim Lessons	Lap/Rec Swim (3 Lanes)	Family Swim
10:30a	Lap/Rec Swim (3 Lanes)	Swim Lessons	Lap/Rec Swim (3 Lanes)	Family Swim
11:00a	Lap/Rec Swim (3 Lanes)	Swim Lessons	Lap/Rec Swim (3 Lanes)	Family Swim
11:30a	Lap/Rec Swim (3 Lanes)	Swim Lessons	Lap/Rec Swim (3 Lanes)	Family Swim
12:00p	Lap/Rec Swim (2 Lanes)	Swim Lessons	Lap/Rec Swim (3 Lanes)	Family Swim
12:30p	Lap/Rec Swim (2 Lanes)	Swim Lessons	Lap/Rec Swim (3 Lanes)	Family Swim
1:00p	POOL CLOSED		POOL CLOSED	

IMPORTANT POOL FAQ'S	
REGISTRATION ONLY- PLEASE REGISTER AT THE FRONT DESK BEFORE USING THE POOL AREA!	
POOL CLOSURES	CAPACITY
Teen Café: Tuesday & Friday 4p-5p	Open Swim: 13 (3 in Lap, 10 in Leisure)
	Classes: 22 (12 in Lap, 10 in Leisure)
	Hot Tub: 2 (15 minute time limit)
SOUTH POINTE AQUATICS THERAPY	FACILITY
Monday/ Wednesday: 1pm-6pm	Hot Tub Open (RESERVATION ONLY) Sauna still closed
Tuesday/Thursday: 8am-11am	Limited pool equipment available upon request

