



FOR YOUTH DEVELOPMENT™
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

POOL SCHEDULE

WEST PARK FAMILY YMCA

SEPTEMBER 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
AM SCHEDULE						
6:30-8:20am Adult Lap Swim	7:00-8:20am Adult Lap Swim	6:30a-8:20am Adult Lap Swim	7:00-8:20 Adult Lap Swim	6:30a-8:20am Adult Lap Swim		Pool closed
8:30-9:30am Aqua Aerobics	8:30-9:30am Aqua Aerobics	8:30-9:30am Aqua Aerobics	8:30-9:30am Open Swim	8:30-9:30am Aqua Aerobics	9:00-11:00 Adult Lap/Adult Open Swim	
				9:30-10:15 PREK		
10:45-11:45am Arthritis	10:45-11:45am Arthritis	10:45-11:45am Arthritis	10:45-11:45am Arthritis	10:45-11:45am Arthritis		
PM SCHEDULE						
12:00-12:50pm Adult Lap Swim	12:00-12:50pm Adult Lap Swim	12:00-12:50 Adult Lap Swim		12:00-12:50pm Adult Lap Swim		
		1:00-2:00pm Adult Open Swim				
5:00pm -7:00pm Adult Lap/Open Swim	5:00pm -7:00pm Family Swim/ 1 Lane Lap Swim	5:00pm -7:00pm Adult Lap/Open Swim	5:00pm -7:00pm Family Swim/ 1 Lane Lap Swim	5:00pm -7:00pm Adult Lap/Open Swim		
	7:00-8:00 Adult Lap/Open Swim		7:00-8:00 Adult Lap/Open Swim			

****Schedule is subject to change***

*****Children are only permitted in the pool during programs, swim lessons and family swim***

