



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

POOL SCHEDULE

WEST PARK FAMILY YMCA

MAY 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
AM SCHEDULE						
6:30-8:20am Adult Lap Swim	6:30a-8:20am Adult Lap Swim	6:30a-8:20am Adult Lap Swim	6:30a-8:20am Adult Lap Swim	6:30a-8:20am Adult Lap Swim		Pool closed
8:30-9:30am Aqua Aerobics	8:30-9:30am Aqua Aerobics	8:30-9:30am Aqua Aerobics	8:30-10:00am Lap Swim	8:30-9:30am Aqua Aerobics	9:00-11:00 Adult Lap/Adult Open Swim	
10:45-11:45am Arthritis	10:45-11:45am Arthritis	10:45-11:45am Arthritis	10:45-11:45am Arthritis	10:45-11:45am Arthritis		
PM SCHEDULE						
12:00-12:50pm Adult Lap Swim	12:00-1:00pm Adult Lap Swim	12:00-1:00pm Adult Lap Swim	12:00-1:00pm Adult Lap Swim	12:00-12:50pm Adult Lap Swim		
1:00-2:00pm Adult Open Swim				1:00-2:00pm Adult Open Swim		
5:00pm -7:00pm Family Swim	5:00pm -7:00pm Adult Lap/Open Swim	5:00pm -7:00pm Adult Lap/Open Swim	5:00pm -6:00pm Adult Lap/Open Swim	5:00pm -7:00pm Adult Lap/Open Swim		
7:00pm-7:30pm Adult Lap/Open Swim			6:00pm-8:00pm Family Swim			

****Schedule is subject to change***

