LET’S PLAY PICKLEBALL

COME JOIN US! DON’T KNOW HOW?
WE WILL TEACH YOU!

MONDAYS, WEDNESDAYS,
THURSDAYS, FRIDAYS 8:30—11:30 A.M.

Pickleball is a fun paddle sport, that is a cross between ping pong and tennis. It adapts easily to an individual’s fitness level. Did you used to love tennis, can’t do the running anymore? Pickleball is for you. Not only is it fun to play... it can improve muscular strength, endurance, as well as cardiovascular activity.

LOCATION: FRENCH CREEK FAMILY YMCA
2010 Recreation Lane
Avon, OH 44011

Questions: Debbie Dempsey
440-537-7814