



GYMNASIUM SCHEDULE

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LAKESWOOD FAMILY YMCA
October 8th – December 15th

*Schedule may be changed to accommodate programming

North Gymnasium Schedule						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am - 9:00am Adult Basketball Full Court	5:30am - 5:15pm Open Gym Full Court Pick Up	5:30am - 9:00am Adult Basketball Full Court	5:30am - 5:15pm Open Gym Full Court Pick Up	5:30am - 9:00am Adult Basketball Full Court	7:00am - 8:30am Open Gym	9:00am - 1:30pm Volleyball Rental
9:00am - 5:15pm Open Gym Full Court Pick Up		9:00am - 5:15pm Open Gym Full Court Pick Up		9:00am - 9:45pm Open Gym Full Court Pick Up	8:30am - 3:45pm Youth Leagues	
5:15pm - 7:00pm Youth Leagues	5:15pm - 7:00pm Youth Leagues	5:15pm - 7:00pm Youth Leagues	5:15pm - 7:00pm Youth Leagues	7:00pm - 10:00pm Adult Basketball Leagues	3:45pm - 5:30pm Open Gym	1:30pm - 5:30pm Open Gym Full Court Pick Up
7:00pm - 10:00pm Adult Basketball Leagues	7:00pm - 10:00pm Adult Basketball Leagues	7:00pm - 10:00pm Adult Basketball Leagues	7:00pm - 10:00pm Adult Basketball Leagues			
South Gymnasium Schedule						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am - 9:00am Adult Basketball Full Court	5:30am - 11:45am Open Gym	5:30am - 9:00am Adult Basketball Full Court	5:30am - 9:00am Open Gym	5:30am - 8:30am Adult Basketball Full Court	7:00am - 8:30am Open Gym	9:00am - 1:30pm Volleyball Rental
9:00am - 5:15pm Open Gym Shootaround		12:00pm - 2:00pm Pickleball	9:00am - 4:30pm Open Gym Shootaround	9:00am - 4:30pm Open Gym Shootaround	9:00am - 11:00am Open Gym	
	2:00pm - 5:15pm Open Gym Shootaround	4:30pm - 5:30pm Skills Classes	4:30pm - 5:30pm Skills Classes	11:00am - 2:00pm Pickleball		
5:15pm - 7:00pm Youth Leagues	5:15pm - 7:00pm Youth Leagues	5:15pm - 7:00pm Youth Leagues	5:15pm - 7:00pm Youth Leagues	2:00pm - 9:45pm Open Gym Shootaround	3:45pm - 5:30pm 17U and Family Open Gym	1:30pm - 5:30pm Open Gym Shootaround
7:00pm - 10:00pm Adult Basketball Leagues	7:00pm - 10:00pm Adult Basketball Leagues	7:00pm - 10:00pm Adult Basketball Leagues	7:00pm - 10:00pm Adult Basketball Leagues			

*Gym will remain open to all unless demand requires both courts for family time

Open Gym Policies

1. No guests allowed for adult open gym.
2. No DUNKING or hanging from basketball rims and/or nets.
3. No food, beverages or gum in the gym.
4. Athletic shoes with non-marking soles only on the court.
5. Please check in/out all basketballs at the front desk.
6. No Full Court when there is programming on the other side.

Important Dates

- October 26th – Halloween Party – gym closed at 5:00pm
- October 31st – No youth leagues, gym open until 6:45pm
- November 18th – Last day of Volleyball Rental
- November 22nd – Thanksgiving – check facility hours
- November 24th – No youth leagues, gym open