



GYMNASIUM SCHEDULE

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LAKEWOOD FAMILY YMCA
March 25th – June 2nd

*Schedule may be changed to accommodate programming

| North Court | | | | | | |
|-----------------------------------------------------------|-----------------------------------------------------------|-----------------------------------------------------------|-----------------------------------------------------------|-----------------------------------------------------------|------------------------------------|-------------------------------------------------------|
| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| 5:30am - 9:00am Adult Basketball Full Court | 5:30am - 6:45pm Open Gym Full Court Pick Up | 5:30am - 9:00am Adult Basketball Full Court | 5:30am - 6:45pm Open Gym Full Court Pick Up | 5:30am - 9:00am Adult Basketball Full Court | 7:00am - 5:30pm Open Gym | 9:00am - 1:30pm Volleyball Rental |
| 9:00am - 6:45pm Open Gym Full Court Pick Up | | 9:00am - 6:45pm Open Gym Full Court Pick Up | | 9:00am - 9:45pm Open Gym Full Court Pick Up | | |
| 7:00pm - 10:00pm Adult Basketball Leagues | 7:00pm - 10:00pm Adult Basketball Leagues | 7:00pm - 10:00pm Adult Basketball Leagues | 7:00pm - 10:00pm Adult Basketball Leagues | | | |
| South Court | | | | | | |
| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| 5:30am - 9:00am Adult Basketball Full Court | 5:30am - 11:45am Open Gym | 5:30am - 9:00am Adult Basketball Full Court | 5:30am - 9:00am Open Gym | 5:30am - 8:30am Adult Basketball Full Court | 7:00am - 3:45pm Open Gym | 9:00am - 1:30pm Volleyball Rental |
| 9:00am - 6:45pm Open Gym Full Court Pick Up | | 12:00pm - 2:00pm Pickleball | 9:00am - 6:45pm Open Gym Shootaround | 9:00am - 4:30pm Open Gym Shootaround | | |
| | 2:00pm - 6:45pm Open Gym Shootaround | 4:30pm - 5:15pm Skills Classes | | 11:00am - 2:00pm Pickleball | | 2:00pm - 9:45pm Open Gym Shootaround |
| 7:00pm - 10:00pm Adult Basketball Leagues | 7:00pm - 10:00pm Adult Basketball Leagues | 7:00pm - 10:00pm Adult Basketball Leagues | | 7:00pm - 10:00pm Adult Basketball Leagues | | 3:45pm - 5:30pm 17U and Family Open Gym |

Open Gym Policies

1. No guests allowed for adult open gym.
2. No DUNKING or hanging from basketball rims and/or nets.
3. No food, beverages or gum in the gym.
4. Athletic shoes with non-marking soles only on the court.
5. Please check in/out all basketballs at the front desk.
6. No Full Court when there is programming on the other side.

Important Dates

- March 29th – South court closed from 6:30-7:30
- April 7th – Last day of volleyball rental
- May 27th – Memorial day- gym closes at 1pm