



GYMNASIUM SCHEDULE

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LAKESWOOD FAMILY YMCA
June 3rd – September 1st

*Schedule may be changed to accommodate programming

North Court						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am - 9:00am Adult Basketball Full Court	5:30am - 6:45pm Open Gym Full Court Pick Up	5:30am - 9:00am Adult Basketball Full Court	5:30am - 6:45pm Open Gym Full Court Pick Up	5:30am - 9:00am Adult Basketball Full Court	7:00am - 5:30pm Open Gym	9:00am - 1:30pm Volleyball Rental
9:00am - 6:45pm Open Gym Full Court Pick Up		9:00am - 6:45pm Open Gym Full Court Pick Up		9:00am - 9:45pm Open Gym Full Court Pick Up		
7:00pm - 10:00pm Adult Basketball Leagues	7:00pm - 10:00pm Adult Basketball Leagues	7:00pm - 10:00pm Adult Basketball Leagues	7:00pm - 10:00pm Adult Basketball Leagues			
South Court						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am - 9:00am Adult Basketball Full Court	5:30am - 11:45am Open Gym	5:30am - 9:00am Adult Basketball Full Court	5:30am - 9:00am Open Gym	5:30am - 8:30am Adult Basketball Full Court	7:00am - 3:45pm Open Gym	9:00am - 1:30pm Volleyball Rental
9:00am - 6:45pm Open Gym Full Court Pick Up		12:00pm - 2:00pm Pickleball	9:00am - 6:45pm Open Gym Shootaround	9:00am - 4:30pm Open Gym Shootaround		
	2:00pm - 6:45pm Open Gym Shootaround	4:30pm - 5:15pm Skills Classes		11:00am - 2:00pm Pickleball		2:00pm - 9:45pm Open Gym Shootaround
7:00pm - 10:00pm Adult Basketball Leagues	7:00pm - 10:00pm Adult Basketball Leagues	7:00pm - 10:00pm Adult Basketball Leagues		7:00pm - 10:00pm Adult Basketball Leagues		3:45pm - 5:30pm 17U and Family Open Gym

Open Gym Policies

1. No guests allowed for adult open gym.
2. No DUNKING or hanging from basketball rims and/or nets.
3. No food, beverages or gum in the gym.
4. Athletic shoes with non-marking soles only on the court.
5. Please check in/out all basketballs at the front desk.
6. No Full Court when there is programming on the other side.

Important Dates

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