



FOR YOUTH DEVELOPMENT™
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

GYM SCHEDULE- JUNE

HILLCREST FAMILY YMCA

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
AM SCHEDULE						
5:45 – 8:45 am Adult Open Gym	5:45 – 8:45 am Adult Open Gym	5:45 – 8:45 am Adult Open Gym	5:45– 8:45 am Adult Open Gym	5:45 – 8:45 am Adult Open Gym	7:00 – 9:00 am Adult Open Gym	
9:00-10:00am Summer Camp	9:00- 10:00 am Summer Camp	9:00-10:00am Summer Camp	9:00-10:00 am Summer Camp	9:00- 10:00 am Summer Camp	9:00-12:00pm Open Gym * UNLESS YBL GAMES NEED FACILITY CHECK WITH FRONT DESK IN ADVANCE *	9:00-12:30pm Men's League * NO GAMES ON FATHERS DAY 6/16 *
10:00- 11:00am Summer Camp	10:00- 11:00am Summer Camp	10:00- 11:00am Summer Camp	10:00- 11:00am Summer Camp	10:00- 11:00am Summer Camp		
11:05- 12:00pm Silver Sneakers Classic	11:05- 12:00pm Fitness after 50	11:05- 12:00pm Silver Sneakers Classic	11:00- 12:00pm Summer Camp	11:05- 12:00pm Fitness after 50		
PM SCHEDULE						
12:30- 2:00 pm Summer Camp	12:00- 1:15 pm Gym Rental	12:30- 2:00 pm Summer Camp	12:00-1:15 pm Gym Rental	12:30- 2:00 pm Summer Camp	12:00pm - 4:30pm Open Gym * UNLESS YBL GAMES NEED FACILITY CHECK WITH FRONT DESK IN ADVANCE *	12:30-2:30pm Men's League T.B.D * NO GAMES ON FATHERS DAY 6/16 *
2:00-4:00 pm Summer Camp	1:30- 4:00 pm Summer Camp	2:00-4:00 pm Summer Camp	1:30- 4:00pm Summer Camp	2:00-4:00 pm Summer Camp		
4:00- 5:15pm Open Gym	4:00- 5:15pm Open Gym	4:00- 5:15pm Open Gym	4:00- 5:15pm Open Gym	4:00- 5:15pm Open Gym		
5:30-8:30pm YBL Skills & Practice	5:30-8:30pm YBL Practice	5:30-8:30pm YBL Practice & Skills Class	5:30-8:30pm YBL Practice	5:30-8:30pm YBL Practice		
8:30-9:30pm Adult Open Gym *18 and over	8:30- 9:30pm Open Gym	8:30-9:30pm Family Open Gym	8:30-9:30pm Open Gym			