



North Royalton Family YMCA June 2019 Pool Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday														
5:45 AM	Adult Open 5:45-8:50 4 Lanes	Lap Swim 5:45-10:00am 4 Lanes	Adult Open 5:45-10:30 4 Lanes	Lap Swim 5:45-10:00am 4 Lanes	Adult Open 5:45-7:15 4 Lanes 7:15-8:45 1 Lane 8:45-10:30 4 Lanes	Adult Open 5:45-6:45pm 3 Lane	Lap Swim 5:45-10:30am 4 Lanes														
6:00 AM																					
6:30 AM																					
7:00 AM																					
7:30 AM																					
8:00 AM																					
8:30 AM	Swim Lessons 8:50-10:30 4 Lanes	Swim Lessons 8:50-10:30 4 Lanes	Adult Open 5:45-10:30 4 Lanes	Lap Swim 8:45am-10:30am 4 Lanes	Shallow Water Walking GX 9:30-10:30 Kim	Open Swim 7:00-9:00am 1 Lane	RYD Swim Team 7:00-9:00am 7 Lanes														
9:00 AM																					
9:30 AM																					
10:00 AM																					
10:30 AM								Shallow GX 10:30-11:30 Kim Deep Water GX 10:30-11:30	Shallow Aerobic Walking GX 10:30-11:30 Evelyn Deep Water GX	Lap Swim 10:30-11:30 3 Lanes	RYD Senior 10-12pm 2 Lanes 1 Open	Water Walking 10:30-11:30 Gary Deep Water GX 10:30-11:30 Kim	Lap Swim 10:30-11:30 3 Lanes	Swim Lessons 9:00-12:30pm 4 Lanes							
11:00 AM																					
11:30 AM	Open 11:30-1pm 4 Lanes	Water Walking 11:30-12:30 Kim	MS Class 11:30-12:30 Barb	RYD Senior 10-12pm 2 Lanes 1 Open	MS Class 11:30-12:30 Barb	Lap Swim 11:30-1:30pm 4 Lanes	Private lessons 10:00-12:00pm														
12:00 PM																					
12:30 PM															Open 12:30-1:30 4 Lanes	Lap Swim 11:30-2:50pm 4 Lanes	Twinges & Hinges 12:30-1:30pm	Twinges & Hinges 12:30-1:30pm	Parma Camp 1:30-3pm 4 Lanes	Lap Swim 11:30-1:30pm 4 Lanes	Lap Swim 9:00am-4:30pm 4 Lanes
1:00 PM																					
1:30 PM								NR Camp 1:30-3pm 4 Lanes	Sports Camp 1:30-3:00pm 4 Lanes	Open 11:30-2:50pm 4 Lanes	Lap Swim 11:30-2:50pm 4 Lanes	Parma Camp 1:30-3pm 4 Lanes	Lap Swim 11:30-1:30pm 4 Lanes	Family Open 12:00-3:30 PM							
2:00 PM																					
2:30 PM	Lap Swim 12-5:20pm 4 Lanes	RYD Senior/Pre-senior 3:00-5:15pm 7 Lanes Open 1 Lanes	Open 11:30-2:50pm 4 Lanes	Lap Swim 11:30-2:50pm 4 Lanes	RYD Senior/Pre-Senior 3:00-5:15pm 7 Lanes Open 1 Lane	Open Swim 12:30-4:30 4 Lanes	Lap Swim 10-3:30pm 4 lanes														
3:00 PM																					
3:30 PM															Private Swim Lessons 5:30-6:30	RYD Age/discovery group 5:30-7:00pm 5 Lanes	Swim Lessons 5:30-7:30 3 Lanes	RYD Age group / Discovery 5:30-7:00pm 5 Lanes	Open 3:00-5:20pm 4 Lanes	Lap Swim 3:00-9:30pm 4 Lanes	Lap Swim 10-3:30pm 4 lanes
4:00 PM																					
4:30 PM								Aerobics Beth 7:30-8:30	Shallow / Deep Water GX 7:30-8:30 Beth/ Renee	Lap Swim 7:00pm-9:30pm 4 Lanes	Aerobics 7:30-8:30 Beth	Open 3:00-5:20pm 4 Lanes	Lap Swim 6:30-9:30pm 4 Lanes	Family Swim 5:15-9:30pm 4 Lanes							
5:00 PM																					
5:30 PM	MS Class 6:30-7:30 Jen	Swim Lessons 5:30-7:30 3 Lanes	RYD Senior/Pre-senior 3:00-5:15pm 7 Lanes Open 1 Lanes	RYD Discovery 5:30-6:30 2 Lanes Open 2 Lane	Swim Lessons 5:30-7:30 3 Lanes	RYD Age group / Discovery 5:30-7:00pm 5 Lanes	Open 3:00-5:20pm 4 Lanes														
6:00 PM																					
6:30 PM															Lap Swim 7:00pm-9:30pm 4 Lanes	Shallow / Deep Water GX 7:30-8:30 Beth/ Toni	Lap Swim 7:00pm-9:30pm 4 Lanes	Aerobics 7:30-8:30 Beth	Open 3:00-5:20pm 4 Lanes	Lap Swim 6:30-9:30pm 4 Lanes	Family Swim 5:15-9:30pm 4 Lanes
7:00 PM																					
7:30 PM								Open 8:30-9:30 4 Lanes	Open 8:30-9:30 4 Lanes	Open 8:30-9:30 4 Lanes	Open 8:30-9:30 4 Lanes	Open 8:30-9:30 4 Lanes	Open 8:30-9:30 4 Lanes	Open 8:30-9:30 4 Lanes							
8:00 PM																					
8:30 PM	Open 8:30-9:30 4 Lanes	Open 8:30-9:30 4 Lanes	Open 8:30-9:30 4 Lanes	Open 8:30-9:30 4 Lanes	Open 8:30-9:30 4 Lanes	Open 8:30-9:30 4 Lanes	Open 8:30-9:30 4 Lanes														
9:00 PM																					
9:30 PM																					

*** The Hot Tub is cleaned on Saturdays at close. Please expect the temperature to be cooler on Sunday and Monday. * Pool will be closed at 4:30pm on 6/7 and 6/21 for an RYD Swim Meet.**

***Pool Schedule Subject to Change**

MS Class participants must register through the MS Society

Pool: Temperature is 82-83 degrees as regulated by the USA Swimming Association

Whirl Pool: 104 Degrees, 12 person capacity

Sauna: 4 Person Capacity

* Please wear proper attire, No Electronics

Must follow Test, Mark, Protect Policies

