

THE LAKEWOOD Y TODAY



The YMCA of Greater Cleveland has been serving the Lakewood Community for 105 years! The current Lakewood Family YMCA facility has successfully served as a community hub for health, wellbeing, and belonging since 2006.



The YMCA empowers community by creating a welcoming, inclusive environment where individuals and families can thrive. Through holistic programs and services, the Y supports the well-being of the whole person, while offering safe, accessible spaces where people can connect and grow. By providing free and reduced-cost memberships, the Y ensures equitable access so that everyone, regardless of financial circumstance, can benefit from its resources. At its core, the YMCA fosters a strong sense of belonging, helping build healthier individuals and a more connected, resilient community.

HOW WE SERVE THE COMMUNITY:

- Group Exercise classes for all ages
- Family-centered events and multi-generational programming
- In-house Mental Wellness resources
- Individual and Group Personal Training
- Membership reciprocity across the YMCA network nationally
- Community programs: chronic-disease prevention, health education, and wellness coaching
- Social Clubs: book club, quilting group, Youth/Teen Gaming club
- Private and group swim lessons, including adaptive swim lessons
- Food Donations: Fresh bakery, produce, and prepared food available to the community daily
- Vocational programs for individuals with disabilities
- Monthly Blood Drive, Blood Pressure Checks

OTHER AMENITIES:

- Child watch/on-site childcare so parents can drop kids off while working out
- Monthly Community Swap
- Coffee Bar
- Zero-entry Swimming Pool w/ Lap Lanes
- Sauna and Hot Tub
- Hydromassage Beds
- Party Rentals



80%
of our 8,225 members are
Lakewood residents

1 IN 10
Lakewood residents are members



20%
growth in membership since 2022

400,000
visitors to the Lakewood Y annually