

SEPTEMBER 2026 EVENTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Chair Volleyball 12-1:30pm	2 Pickleball: 1-3pm (back court until 3:30pm)	3 ADVANCED Pickleball: 1-3:30pm Mah Johng: 10am-12pm in MGR ICE CREAM PARTY 12pm - Patio	4 Pickleball: 1-3pm (back court until 3:30pm) Sew Much More : 12-1pm in Lobby
7 HAPPY LABOR DAY! Geauga Y open from 7am-1pm 	8 Chair Volleyball 12-1:30pm	9 Pickleball: 1-3pm (back court until 3:30pm) Sip and Script with Matt 12pm	10 ADVANCED Pickleball: 1-3:30pm Mah Johng: 10am-12pm in MGR	11 Pickleball: 1-3pm (back court until 3:30pm) Sew Much More: 12-1pm in Lobby
14 Welcome Week Pickleball: 1-3pm (back court until 3:30pm) Blood Pressures 10am-12pm in Lobby	15 Welcome Week Chair Volleyball 12-1:30pm	16 Welcome Week Pickleball: 1-3pm (back court until 3:30pm) Guardians Game Bus Trip 11:15am-5:30pm	17 Welcome Week ADVANCED Pickleball: 1-3:30pm (back court only) Mah Johng: 10am-12pm in MGR	18 Welcome Week Pickleball: 1-3pm (back court until 3:30pm) Sew Much More: 12-1pm in Lobby
21 Pickleball: 1-3pm (back court until 3:30pm)	22 Chair Volleyball 12-1:30pm	23 Pickleball: 1-3pm (back court until 3:30pm) 3-Part Memoir Workshop with Matt 12:00pm	24 ADVANCED Pickleball: 1-3:30pm (back court only) Mah Johng: 10am-12pm in MGR	25 Pickleball: 1-3pm (back court until 3:30pm) Sew Much More: 12-1pm in Lobby
28 Pickleball: 1-3pm (back court until 3:30pm) Fire/Fall Prevention presentation 12pm - MPR	29 Chair Volleyball 12-1:30pm	30 Pickleball: 1-3pm (back court until 3:30pm)		



GEAUGA FAMILY YMCA ACTIVE OLDER ADULTS (AOA) NEWSLETTER SEPTEMBER 2026

Geauga Family YMCA | 12460 Bass Lake Rd, Chardon, OH 44024 | 440-285-7543
Contact Active Older Adult Coordinator: Diane Gorom, dgorom@clevelandymca.org



Senior Health & Wellness Fair

Monday, Oct 5th
9:00am-12:00pm

Open to both Members and Non-Members
TOTALLY FREE

In partnership with University Hospitals Geauga Medical Center, the Geauga YMCA is proud to present the 2026 Annual Senior Health & Wellness Fair taking place in the Geauga YMCA Gymnasium. Come learn and explore all that this Health Fair has to offer. Free Cholesterol, Glucose, Blood Pressure, and Balance Screenings will be offered by UH Geauga Medical Center. Chardon Wellness will be here doing mini chair massages. D's B's Honey will be selling their different honey products. Second Sole will have some discounted athletic shoes to sell. Tara's Tech Rescue will be here to provide information on services to help you with Smartphones, Computers and other home devices. HiLo Coffee will be here selling their naturally sourced coffees. The Olive Scene will be back selling their delicious natural olive oil and The Helpful Vet Tech will be here with info about services she offers to help you care for your pet in your home. **There will be more than 35 vendors in all offering information, services and items to sell.** This is a Community-wide event and is open to the public! NO REGISTRATION NEEDED. Bring a friend! A big THANK YOU to SAGES APPLES for donating 300 free apples to be given out and to CCM RENTAL for donating 25 tables to be used for the vendors. **ALL CLASSES in the gym that morning will be CANCELLED!**



WICKED at PLAYHOUSE SQUARE

With Lunch at THE FRIAR'S TABLE

Thursday, Dec 10th - Matinee Show 1:30pm

10:00am-5:30pm

Cost: \$189 Members/\$199 Non-Members



The Broadway show is SO MUCH BETTER than the movie! Wicked follows the story of the Wicked Witch of the West (from The Wizard of Oz) before she became wicked. You will laugh...you will tear up. It is a wonderful show with terrific music. Lunch before the show is at THE FRIARS TABLE which is a joint venture between the Capuchin Franciscan Friars, Edwins Restaurant, and Playhouse Square and it's just down the street from the theatre. The four lunch choices include: Monte Cristo Sandwich & Mini Salad, Ham and Havarti on Crescent & Mini Salad, Beef Stew & Mini Salad or a vegetarian option of St. Casilda's Salad (Local greens, Alpine Cheese, Hard Boiled Egg, Honey Nuts, Red Onion and Creamy Tarragon Vinaigrette) & Cup of Butternut Squash Soup. All choices come with Orange Blossom Beignets for dessert. You will choose your lunch option at registration. \$25 holds your spot. Full payment due Nov 20th. Arrival time at the Y is 9:30-9:45am. Join us for this delightful day of good food, great music and an amazing show.



The MUNSON FIRE DEPT presents

"Tips on Fire Prevention & Fall Prevention In Your Home"

Monday, Sept 28th

12pm in the MPR



Come hear Doug Riedel, Munson Fire Dept Safety Inspector and his team present on tips to prevent fire in your home as well as things that are fall risks that maybe you haven't considered. His talk will be 30 minutes followed by a question and answer period. No registration. Free presentation

AOA EXERCISE CLASSES AT THE Y

Monday	Tuesday	Wednesday	Thursday	Friday
Group Exercise Classes (Land)				
10:00am – 10:50am SilverSneakers Yoga Sue – Gym		10:00am – 10:50am BOOM Muscle Jay – Gym 10:00am – 10:50am TAIJIFIT Tim-MPR		
11:00am – 11:50am Strength & Balance Sue – Gym	11:00am – 11:50am SilverSneakers Classic Melanie – Gym	11:00am – 11:50am SilverSneakers Circuit Melanie – Gym	11:00am – 11:50am SilverSneakers Classic Kathy – Gym	11:00am – 11:50am AOA Fitness & Strength Melanie – Gym
		11:00am-11:50am TAIJIFIT Tim-MPR		
Aquatic Classes (Water)				
9:00am – 9:50am Aquacise Dee	9:00am – 9:50am Water Volleyball	9:00am – 9:50am Water WILDCARD Dee or Melanie	9:00am – 9:50am Aquacise Dee	9:00am – 9:50am Water Volleyball
10:00am – 10:50am Aqua Jog Dee	10:00am – 10:50am Aqua Fit Melanie		10:00am – 10:50am Aqua Jog Dee	
Evening Aquatic Classes (Water)				
7:00pm – 7:50pm Aqua Zumba Snell	6:45pm – 7:35pm Aqua Fit Jan		6:45pm – 7:35pm Aqua Fit Jan	

AOA PICKLEBALL SCHEDULE:

Mondays: 1pm–3pm (3:30pm back courts only)

Tuesdays: None

Wednesdays: 1pm–3pm (3:30pm back courts only)

Thursdays: 1pm–3:30pm (Back 2 courts ONLY)

Fridays: 1pm–3pm (3:30 back courts only)

Cost to play: \$8 per month or
\$2 drop-in fee (NEW)
Cash/Credit Card accepted – NO COINS!

REGULAR PLAY on Mondays,
Wednesdays, and Fridays
ADVANCED PLAY on Thursdays

Don't forget these activities in September:

ICE CREAM SUNDAE PARTY: Thursday, **Sept 3rd** 12pm Free! Registration required. Outdoor Patio

SIP AND SCRIPT WITH MATT O: Wednesday, **Sept 9th** 12pm Free! Registration required - MGR

3-PART MEMOIR WORKSHOP WITH MATT O: Begins **Sept 23rd** (Oct 7th, Oct 21) Registration required

We are still in need of crafters for our **Saturday, November 14th Craft/Artisan Fair** here at the Geauga YMCA Gymnasium. The Fair will run from 10am-3pm and the cost for a table is \$50 for members and \$60 for non-members. Are you or anyone you know a crafter who would like to participate? We had a great crowd last year with many vendors doing extremely well. Contact Lisa Chorba at 440-285-7543 x3020 or email her at lchorba@clevelandymca.org.



The Book Club is off for the month of September. This will give people more time to get the October book "Theo Of Golden" by Allen Levi as it can be hard to get at the Library. There is a copy of Theo in Diane's office if anyone would like to borrow it.



The Geauga YMCA is open on Labor Day, Monday, Sept 7th from 7:00am–1:00pm. However, there will be NO CLASSES



WE DID IT! We surpassed our goal in the **Shoe Drive** and collected 2,800 pairs. **THANK YOU TO ALL THOSE THAT DONATED! Your response was incredible! This earned \$1,355 for our Annual Campaign** and will help many families in developing countries start a shoe business to earn money. A special thank you to Sue Littlefield who helped me sort and process hundreds of shoes. This was SUCH a tedious process and her help was critical in making the mountain of shoes seem doable. Thank you to AOA Members Nancy Arndt and Sherry Gruefe who also assisted with the drive. Finally, thank you to the Y Staff who put up with bags of shoes everywhere and assisted with storage and pickup day.



The Pickleball Program here at the Y will be changing its fee structure. Now a participant can pick to either pay by the day or by the month. It will still be \$8 for a month however, a player can also just drop in to play for a day for \$2. To help the Front Desk. they will **no longer accept coins**. They would prefer you to use a credit/debit card if possible.

There are still seats for our **Guardians Game Bus Trip!**
Wednesday, September 16th from 11:15 am – 5:30 pm
CLUB SEATS – Sect 334/336 (in the shade)
All-you-can-eat lunch with unlimited non-alcoholic beverages
Not much walking!
COST: \$157 Members/\$167 Non-Members



MEET LISA MEEDER TURNBULL



Life came full circle when Lisa moved to Kirtland in 2016 with her husband, Robert, and their daughter, Mallory. Born and raised in Erie, Pa. Lisa visited the Cleveland area often to visit a beloved aunt. Special childhood memories include shopping downtown, with lunch on the top floor of the Halle Brothers building, and exploring the Cleveland Zoo.

As a young adult, Lisa moved to Oxford, Ohio, for graduate school, and over the years has lived in Connecticut, Tennessee, Maine (twice!), and South Africa. She loves being back in the Northeast Ohio/Northwest Pennsylvania region, where she can spend quality time with family.

A graduate of Gannon, Miami, and Case Western Reserve Universities, Lisa's first career was in higher education advancement, managing alumni relations, communication and media. Her second career was as a consultant with the Episcopal Church, working with congregations around stewardship, leadership, and congregational development.

On the threshold of retirement, Lisa jokes that she has become a full-time knitter, which brings to the the Y every Friday at noon to gather with others who enjoy needlework and the fellowship of good conversation. She would encourage anyone to join in regardless of craft--knit, crochet, embroidery, needlepoint.... "We call ourselves a knitting group, but we're really a bring-whatever-you're-working-on group," she says.

When she's not knitting, Lisa enjoys reading historical fiction and biography, cooking and baking, and exploring the world near and far.