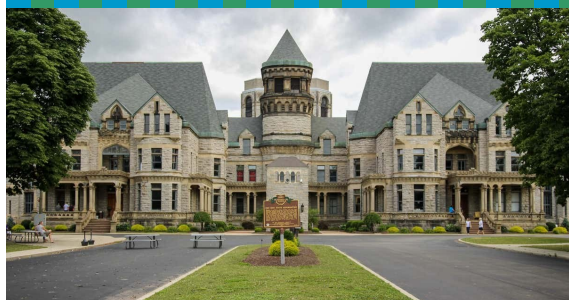




Geauga YMCA ACTIVE OLDER ADULTS (AOA) NEWSLETTER—JUNE 2026

Geauga Family YMCA • 12460 Bass Lake Rd • Chardon, OH 44024 • 440-285-7543
Active Older Adult Coordinator: Diane Gorom Contact at: dgorom@clevelandymca.org



The Ohio State Reformatory Tour (Shawshank Tour)

still has seats available

Wednesday, June 24th

8:15am-6:30pm

Cost: \$157 members/\$167 Non-members

First stop: **Alpaca Meadows** for a tour and demonstration on the fiber journey of Alpacas shearing to spinning. We will also have time to browse in their store. Next we have a buffet lunch at Der Dutchman in Bellville before we have our afternoon tour of The Ohio State Reformatory at 2:30pm (90 minute tour). Experience its history both as a prison and the shooting location for the 1994's acclaimed film *Shawshank Redemption*. You will learn about the Reformatory's architecture, the warden's living quarters and see many of the places/rooms in the film. Hope you can join us.

We have two Cleveland Guardians Bus Trips left for the season:

Wednesday, July 1st: Guardians vs Texas Rangers

Wednesday Sept 16th: Guardians vs Chicago White Sox

1:10pm games. Bus departs 11:15am from the Geauga YMCA and returns 5:30pm.

CLUB SEATS (all food and non-alcoholic drinks are FREE)

Each game is \$157 for Members and \$167 for Non-Members



JULY BUS TRIP: Don't miss the opportunity to see the newly renovated **Cleveland Museum of Natural History on Tuesday, July 21st!** After 4 years and \$150 million in renovations, the new museum has expanded galleries, an outdoor wildlife center, a 3D movie theatre and a planetarium (we have a 3pm planetarium reservation). You will have time to explore on your own at your own pace. Lunch (included) before the museum is at the beautiful **Pier W in Lakewood** with a choice of Atlantic Cod or Hearth Roasted Chicken Breast. You decide selection that day. After the museum, we will head to Presti's Bakery in Little Italy in case you would like to bring home some sweet treats (not included). **Cost is \$137 for Members and \$147 for Non-Members.** Bus departs 10:15am from the Geauga YMCA and returns at 6:00pm. \$25 deposit holds your spot. Final payment due July 7th.



SHOE DRIVE TO BENEFIT THE ANNUAL CAMPAIGN

Through August 1st

Goal 2,500 pairs of shoes = \$1,000 for the Geauga YMCA

Any type and any size as long as they are gently worn.

Drop off on lobby table

Shoes will then be shipped to developing countries by "Funds2orgs"

Keeps shoes out of landfills! Please spread the word!



**YOUR GIFT
YOUR IMPACT**

How your donation is changing lives.

The Y. For a better us.

**ONE
COMMUNITY.
ONE IMPACT.**

GEAUGA YMCA AOA 2026 ANNUAL CAMPAIGN:

Last year, the Active Older Adults raised \$5,000 for the Geauga YMCA Annual Fund that benefits families and adults on limited incomes (including AOA's who don't have Silver Sneakers or Optum Renew). This money goes to the Scholarship Fund which supplements their membership fees so they can enjoy all the benefits of this wonderful place. This year we are again asking the AOA's to come together to raise the **\$5,000**. (We hope to get \$1,000 from the Shoe Drive). The money does stay here at Geauga when marked as so. Can you donate to this worthy cause? Please send your donations through Diane so they can be tracked in the Active Older Adult total. Thank you so much for your consideration!



COMING THIS NOVEMBER!

The Geauga YMCA will once again hold a **Craft/Artisan Fair** on **Saturday, November 14th** in the gym from 10am-3pm. Last year's Fair was a great success with interesting and unique vendors sharing their bespoke items. Are you (or someone you know) a crafter or artist?? We are taking registrations beginning June 1st. Table fee is \$50/members and \$60/non-members. Contact Lisa Chorba at 440-285-7543 x3020 or email her at lchorba@clevelandymca.org if interested. More information to come.

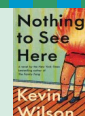


FOOD TRUCK FRIDAY!!!

Every other Friday at the Geauga YMCA, a different Food Truck will be coming between the hours of 11:30am and 1:30pm. Why not buy some lunch and eat with friends here at the Y...or take something home for later. This will continue through September. First one is on June 5th! Check it out!



The Geauga Y Book Club choice for the month of June is **"Nothing To See Here" by Kevin Wilson**. All welcome to join in the discussion which will take place on **Monday, June 29th** at 12pm in the MPR. Please bring your lunch. Hope you will consider joining!



The Day Camp Kids are back! The Geauga YMCA Day Camp begins Mon, June 1st. It will be a little more crowded and noisy in the hallways so please be patient. The campers will be using the Multi-Gen Room as their main home-base this year. Camp runs through Aug 14th. Mah Jong will move to the MPR for the summer.

There are still tickets available to see **The Lion King on Thursday, August 13th at Cleveland's Playhouse Square**. If you can't make the Dept on Aging trip on July 9th to see this wonderful show, you can go with us on August 13th. Tickets are \$179 for members and \$189 for non-members. We will have lunch first (included) at Republic Food & Drink next door to the theatres.



Meet Monica Viviani



Monica grew up in Cleveland Heights in a close-knit Irish family. She earned degrees in Education and Theology from St. John College, followed by a master's degree in the same fields from The Catholic University of America.

She began her career teaching in several Catholic schools, including Lake Catholic High School, where she taught religion classes. During those years, Monica also led retreats and seminars throughout the Cleveland Diocese, and directed RCIA classes for those interested in becoming Catholic at Divine Word and St. Anselms.

As her children grew older, Monica expanded her career by earning her mediation license through the Ohio Supreme Court. She went on to work with the Ohio Commission on Dispute Resolution, counseling teachers and school bus drivers on effective classroom and student management techniques. In the evenings, she also operated a private mediation practice, helping families navigate divorce and parent-child conflicts.

Throughout her career, Monica authored eight textbooks on mediation, primarily for educators, as well as books for high school students focused on friendship conflicts and bullying prevention.

Still deeply involved with Divine Word Catholic Church, Monica played a leading role in supporting refugees through the start of Joseph's Home of Cleveland. As a board member and volunteer, she helped refugee families secure jobs, food, and clothing as they built new lives in the community.

Today, much of Monica's time is devoted to caring for her 51-year-old daughter, who has autism. Even with her busy schedule, she makes time to visit the Y four times a week, where she enjoys classes with Melanie and Jay. Monica says the Y gives her a true sense of community and she loves it here.

AOA Exercise Classes at the Y

Monday	Tuesday	Wednesday	Thursday	Friday
Group Exercise (Land)				
10:00am-10:50am Silver Sneaker Yoga Sue- Gym		10:00am-10:50am BOOM Muscle Jay—Gym	10:00am-10:50am Silver Sneaker Yoga Cassie—Gym	
11:00am-11:50am Strength and Balance Sue-Gym	11:00am-11:50am Silver Sneaker Classic Melanie—Gym	11:00am-11:50am Silver Sneaker Circuit Melanie—Gym	11:00am-11:50am Silver Sneaker Classic Lana/Kathy—Gym	11:00am-11:50am AOA Fitness & Strength Melanie—Gym
11:00am-11:30am Zumba® Gold Express Lana-Studio				
Aquatic Classes (Water)				
9:00am-9:50am Aquacise With Dee	9:00am-10:00am Water Volleyball	9:00am-9:50am WATER WILDCARD with Melanie or Dee	9:00am-9:50am Aquacise With Dee	9:00am-10:00am Water Volleyball
10:00am-10:50am Aqua Jog with Dee	10:00am-10:50am Aqua Fit With Melanie		10:00am-10:50am Aqua Jog with Dee	
(Evening) 7:00pm-7:50pm Aqua Zumba® With Shelly	(Evening) 6:45pm-7:35pm AquaFit With Jan		(Evening) 6:45pm-7:35pm AquaFit With Jan	

AOA Pickleball Schedule: JUNE

Mondays: 1pm-3pm (until 3:30pm back courts only)
 Tuesdays: None
 Wednesdays: 1pm-3pm (until 3:30pm back courts only)
 Thursdays: 1pm-3:30pm (BACK 2 COURTS ONLY)
 Fridays: 1pm-3pm (until 3:30pm back courts only)
 Sundays: Pickleball For All 10am-12pm (1pm-3pm cancelled)

Cost to play will be \$8 per month. (Daily pay of \$1 has been discontinued)
REGULAR Play on Monday, Wednesday, & Fridays.
ADVANCED PLAY will be held on Thursdays.

JUNE EVENTS 2026

Mon	Tue	Wed	Thu	Fri
1 Pickleball: 1pm-3pm (back court until 3:30) SHOE DRIVE CONTINUES	2 Chair Volleyball 12:00-1:30pm	3 Pickleball: 1pm-3pm (back court until 3:30)	4 ADVANCED Pickleball: 1pm-3:30pm (back court only) Mah Johng Played in MPR 10am-12pm	5 Pickleball: 1pm-3pm (back court until 3:30) <i>Sew Much More Club in Lobby 12pm-1pm</i> Food Truck Friday 11:30am-1:30pm
8 Pickleball: 1pm-3pm (back court until 3:30) Blood Pressures in the Lobby 10am-12pm	9 Chair Volleyball 12:00-1:30pm	10 Pickleball: 1pm-3pm (back court until 3:30)	11 ADVANCED Pickleball: 1pm-3:30pm (back court only) Mah Johng Played in MPR 10am-12pm	12 Pickleball: 1pm-3pm (back court until 3:30) <i>Sew Much More Club in Lobby 12pm-1pm</i>
15 Pickleball: 1pm-3pm (back court until 3:30)	16 Chair Volleyball 12:00-1:30pm	17 Pickleball: 1pm-3pm (back court until 3:30)	18 ADVANCED Pickleball: 1pm-3:30pm (back court only) Mah Johng Played in MPR 10am-12pm	19 Pickleball: 1pm-3pm (back court until 3:30) <i>Sew Much More Club in Lobby 12pm-1pm</i> Food Truck Friday 11:30am-1:30pm
22 Pickleball: 1pm-3pm (back court until 3:30)	23 Chair Volleyball 12:00-1:30pm	24 Pickleball: 1pm-3pm (back court until 3:30) BUS TRIP: SHAWSHANK TOUR (OHIO STATE REFORMATORY) AND ALPACA MEADOWS	25 ADVANCED Pickleball: 1pm-3:30pm (back court only) Mah Johng Played in MPR 10am-12pm	26 Pickleball: 1pm-3pm (back court until 3:30) <i>Sew Much More Club in Lobby 12pm-1pm</i>
29 Pickleball: 1pm-3pm (back court until 3:30) BOOK CLUB 12pm in MPR	30 Chair Volleyball 12:00-1:30pm			