

Events Calendar

June 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1.	2. Coffee Talk 11:30	3. Pickwick Place A Day in Bucyrus Bus Trip	4. Coffee Talk 11:30	5.
8.	9. Coffee Talk 11:30	10. AOA Luncheon @The Original House of Pancakes 3000 Westgate Mall Dr. FairviewPark @12:00	11. Coffee Talk 11:30	12.
15. Book Club "Remarkably Bright Creatures" by Shelby Van Pelt 1:00	16. Coffee Talk 11:30	17.	18. Coffee Talk 1:00	19.
22.	23. Coffee Talk 11:30	24. Putt Putt Golf & Ice Cream@ Sweeties@ 12:00	25. Coffee Talk 11:30	26.
29.	30. AOA Birthday Potluck 11:20			

AOA MONTHLY NEWSLETTER



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

West Park Family YMCA

15501 Lorain Rd., Cleveland, Ohio 44111
216-941-5410

Facility Hours:

Monday – Friday: 6:00am to 9pm
Saturday: 7am to 4pm
Sunday: 10:00am-4pm

OUR MISSION STATEMENT IS TO PUT CHRISTIAN PRINCIPLES INTO PRATICE THROUGH PROGRAMS THAT BUILD HEALTHY SPIRIT, MIND AND BODY FOR ALL.

Active Older Adult Newsletter

June 2026

UPCOMING EVENTS

Coffee Talk every Tuesday & Thursday @ 11:30

EVERYONE is WELCOME!!

Wednesday June 3rd Pickwick Place a Day in Bucyrus Bus Trip

Wednesday June 10th AOA Luncheon @ The Original House of Pancakes @ 12:00

Saturday June 13th The Hooley Kamm's Corner 12:00-7:00

Monday June 15th Book Club @ 1:00 "Remarkably Bright Creatures" by Shelby Van Pelt

Sunday June 21st Farmers Market 16906 Albers off Lorain 10-1

Wednesday June 24th Putt Golf & Ice Cream @ Sweeties Golf Island 6770 Brookpark Rd. @12:00

Tuesday June 30th AOA BIRTHDAY POTLUCK @ 11:20

Please sign up if you plan to attend!!



EDGEWATER BEACH CONCERTS

Thursdays from 5 - 8 p.m.

July 16 - Disco Inferno | Disco

July 23 - Diamond Project | Neil Diamond Cover

July 30 - Carlos Jones | Reggae

August 6 - Prince Project | Prince Cover

August 27 - The Jimmy's Band | Blues

EUCLID BEACH CONCERTS

Thursdays from 5 - 8 p.m.

June 11 - The Quenton Rubin Band | Soulful Funk

June 18 - Rayr Image Band | American R&B

June 25 - Project Hope Choir | Gospel Choir

July 9 - Forecast with Serena Wynn | Contemporary Jazz

AOA Exercise Classes



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Tai Chi Marie 9:30					
Balance & Stretch Teresa 10:30-11:20	Silver Sneakers Classic 10:30-11:20	Chair Yoga Teresa 10:00- 10:50	Silver Sneakers Classic Teresa Gym 10:30-11:20	Fitness After 50 Mo 10:30 - 11:20	
		Aqua Fit (pool) JoAnn 11:00			Aqua Fit (pool) 11:15 JoAnn
				Line Dancing 11:30-12:30 Christine	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Aqua Aerobics Delinda 6:15pm		Aqua Aerobics Delinda 6:15pm			

SUMMER SENIOR WALKS

- Walk 1** Wednesday, 6/3/2026 @ 9:00am
Zelma W. George NRRC
- Walk 2** Wednesday, 6/10/2026 @
9:00am
Frederick Douglass NRRC
- Walk 3** Wednesday, 6/17/2026 @ 9:00am
Loew Park
- Walk 4** Wednesday, 6/24/2026 @
9:00am
Tri-C Metro Campus Track
- Walk 5** Wednesday, 7/1/2026 @ 9:00am
Euclid Beach Park
- Walk 6** Wednesday, 7/8/2026 @ 9:00am
Edgewater Beach
- Walk 7** Wednesday 7/15/2026 @
9:00am
North Coast Yard
- Walk 8** Wednesday 7/22/2026 @
9:00am
Kerruish Park
- Walk 9** Wednesday 7/29/2026 @ 9:00
am Impett Park
- Walk 10** Wednesday 8/5/2026 @
9:00am Michael J. Zone NRRC
- Walk 11** Wednesday 8/12/2026 @
9:00 am
Collinwood NRRC/ Humphrey Park
- Walk 12** Wednesday 8/19/2026 @
9:00am
League Park
- Walk 13** Wednesday 9/26/2026 @
9:00am
Brookside Reservation
- Walk 14** Wednesday 9/2/2026 @
9:00am
Edgewater Beach
- Walk 15** Wednesday 9/9/2026 @
9:00 am
Euclid Beach Park
- Walk 16** Wednesday 9/16/2026 @
9:00 am Clark Field ([questions ask Ardis Janke](#))



BUS TRIPS 2026

- June 3, 2026**
Pickwick Place A Day in Bucyrus Bus Trip,
shopping& lunch
- July 9, 2026**
The Lion King At Playhouse Square & lunch
at Republic Food & Drink
- July 29,2026**
Lady Caroline Murder Mystery Music &
Buffet Dinner
- August 14,2026**
Guardians vs San Diego Padres (club
Seats above first base, all food &
Non-alcoholic beverages in club lounge)
"Rocket Blast" Fireworks show following
game
- September 17,2026**
Southern Wine Tour, Canton area, Gervasi
Vineyard

More to come.....