

FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

WEST PARK-FAIRVIEW FAMILY YMCA Swim Lesson Schedule

8-Week SessionsRegistration OpensSaturday session 6/7-6/287/12-8/30/2025 Summer 1 June 23rd9/1-10/26/2025 Fall SessionAugust 18th

 Member plus
 \$70.40

 Member
 \$88.00

 Non-Member
 \$176.00



Class Level	Monday	Tuesday	Thursday	Saturdays
A Water Discovery	5:20-5:50 pm			
B Water Exploration			6:20-6:50 pm	
Water Acclimation Level 1 (3–5)	4:45-5:15 pm	5:00-5:30 pm		9:30-10:00 am
Water Movement Level 2 (3-5)	4:45-5:15 pm	5:00-5:30 pm		9:30-10:00 am
Water Stamina Level 3 (3–5)			5:00-5:30 pm	
Stroke Introduction Level 4 (3-5)			5:00 -5:30 pm	
Water Acclimation Level 1 (6–12)		5:35-6:15 pm		10:05-10:45 am
Water Movement Level 2 (6-12)		5:35-6:15 pm		10:05-10:45 am
Water Stamina Level 3 (6-12)	4:45-5:25 pm		5:35-6:15 pm	10:50-11:30 am
Stroke Introduction Level 4 (6-12)			5:35-6:15 pm	
Stroke Development Level 5 (6-12)			6:20-7:00 pm	
Stroke Mechanics Level 6 (6-12)			6:20-7:00 pm	
Competitive Skills	5:20-6:00 pm			
Adult Lessons Beginner		6:20-7:00 pm		
Adult Lessons Intermediate				
Youth/Teen		6:20-7:00 pm		

LESSON SELECTOR

WHAT AGE GROUP DOES THE STUDENT FALL INTO?



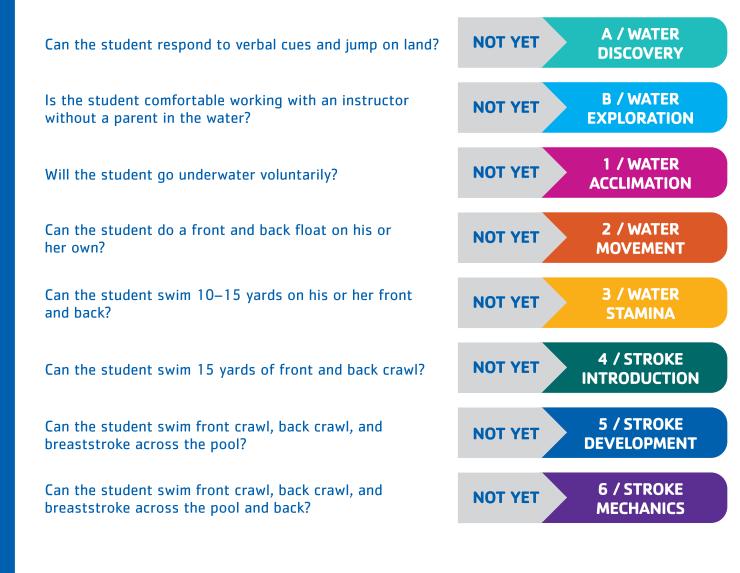




12+ years TEEN & ADULT: STAGES 1–6

All age groups are taught the same skills but divided according to their developmental milestones.

WHICH STAGE IS THE STUDENT READY FOR?



If you're having trouble deciding which stage is right for you, contact the Aquatics Department for a free swim evaluation.