



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

POOL SCHEDULE

REVISED 4.8.24

PARKER HANNIFIN DOWNTOWN YMCA

APRIL 15-30, 2024

P 216 344-7700 WWW.CLEVELANDYMCA.ORG

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	<p>Schedule subject to change.</p> <p>Lap Swim Ages 13 & Over Swimming Laps</p> <p>Family Swim Children 12 & under unable to pass swim test must be directly supervised by parent in the water.</p> <p>Limit time to 10 minutes in Sauna, Hot Tub, Steam Room then break.</p> <p>PLEASE -NO SHOES -NO Sweatshirts -NO Rubber Outfits In Sauna & Steam</p> <p>Please SHOWER before entering Hot Tub</p> <p>Water Exercise T & TH 5:45-6:40p Friday 10:00-11:00 NO Entry to class after 15 minutes once class starts. 6:00p or 10:15a</p> <p>Swim Lessons April Start 4/1/2024 End 4/27/2024</p>
5:30-7:30a Lap Swim	5:30-7:30a Lap Swim	5:30-7:30a Lap Swim	5:30-7:30a Lap Swim	5:30-7:30a Lap Swim			
Closed LG Break 7:30-8:15a	Closed LG Break 7:30-8:15a	Closed LG Break 7:30-8:15a	Closed LG Break 7:30-8:15a	Closed LG Break 7:30-8:15a			
8:15-9:45 Lap Swim Break 9:45-10a If One Guard	8:15-9:45 Lap Swim Break 9:45-10a If One Guard	8:15-9:45 Lap Swim Break 9:45-10a If One Guard	8:15-9:45 Lap Swim Break 9:45-10a If One Guard	8:15-9:45 Lap Swim Break 9:45-10a If One Guard	8:00-9:45a Lap Swim Break 9:45-10a If One Guard		
10:00-11:30a Lap Swim Break 11:30-11:45a If One Guard	10:00-12:00p CMSD Swim Lessons Entire Pool Area Closed	10:00-11:30a Lap Swim Break 11:30-11:45a If One Guard	10:00-12:00p CMSD Swim Lessons Entire Pool Area Closed	10:00-11:30a Lap & H2O Ex Break 11:30-11:45a If One Guard	10:00-11:00a Swim Lessons 3 Lanes		
11:45-1:30p Lap Swim Break 1:30-2:00p If One Guard	12:00-1:30p Lap Swim Break 1:30-2:00p If One Guard	11:45-1:30p Lap Swim Break 1:30-2:00p If One Guard	12:00-1:45p Lap Swim Break 1:30-2:00p If One Guard	11:45-1:30p Lap Swim Break 1:30-2:00p If One Guard	11:00-12:20p Swim Lessons Family Swim Break 12:20-12:40p If One Guard	11:00-12:20p Lap Swim Family Swim Break 12:20-12:40p If One Guard	
2:00-3:40p Lap Swim Break 3:40-4:05p If One Guard	2:00-3:40p Lap Swim Break 3:40-4:05p If One Guard	2:00-3:40p Lap Swim Break 3:40-4:05p If One Guard	1:45-2:45p CMSD Swim Lesson Entire Pool Area Closed 2:45-3:40p Lap Swim Break #1 LG 3:40-4:05p	2:00-3:40p Lap Swim Break 3:45-4:15p If One Guard	12:30-1:30p Kids That Tri All 3 Lanes Lap Pool Closed 1:30-2:30p Adults Only 3 Lanes Lap	12:30-1:30p Adult Lap Swim All 3 lanes 1:30-2:30p Adults Only 3 Lanes Lap	
4:05-6:30p 1 or 2 Lanes Swim Lessons & 1 or 2 Lanes Lap Swim	4:05-5:45p Lap Swim 5:45-6:40p Water EX Pool, Hot Tub, Steam & Sauna CLOSED	4:05-6:45p 1 or 2 lanes Swim Lessons & 1 or 2 Lanes Lap Swim	4:05-5:45p Lap Swim 5:45-6:40p Water EX Pool, Hot Tub, Steam & Sauna CLOSED	4:15-7:00p Lap Swim All 3 Lanes	Pool Closes 2:30pm	Pool Closes 2:30pm	
6:30-8:00p Lap Swim	6:40-8:00p Lap Swim	6:45-8:00p Lap Swim	6:40-8:00p Lap Swim		<p>Pool Rules Reminder</p> <p>1. Cell phone usage NOT permitted in all pool areas.</p> <p>2. Please do NOT lay down in the Sauna, Steam Room, Hot Tub or Pool Area.</p> <p>3. Please do NOT exercise on Pool Deck, Sauna, Steam Room or Hot Tub</p>		
Pool Closes 8:00pm	Pool Closes 8:00pm	Pool Closes 8:00pm	Pool Closes 8:00pm	Pool Closes 7:00pm			