| Aquatics Center Schedule 4/15 - 4/28 | | | | | | | | | | | |
|--------------------------------------|-----------------------|----------------------------|----------|--|----------|-------------------------------|----------|---|----------------------------|--------------------|---------------|
| | Monday | Tuesday | | Wednesday | | Thursday | | Friday | Saturday | | Sunday |
| 6:00am 6:30am | Lap Swim* | Lap Sw | vim* | lan 9 | Swim* | l an ^g | 5wim* | Lap Swim* | | | |
| 7:00am | 6am - 7:55am | 6am - 7: | | | 7:55am | | 7:55am | 6am - 7:55am | | | |
| 7:30am | | | | | | | | | Lap Swim* 7am -9am | | |
| 8:00am | Deep Water Ex | Deep Wat | ter Ex | Deep Water Ex 8am - 8:50am | | Deep Water Ex 8am - 8:50am | | Deep Water Ex | | | |
| 8:30am | 8am - 8:50am | 8am - 8: | | | | | | 8am - 8:50am | | | |
| 9:00am | Shallow Water Ex | Shallow W | ater Ex | Shallow Water Ex | | Shallow Water Ex | | Shallow Water Ex | Water Exercise | | |
| 9:30am | 9am - 9:50am | 9am - 9:50am | | 9am - 9:50am | | 9am - 9:50am | | 9am - 9:50am | 9am - 9:50am | | |
| 10:00am | | | | | | | | | 1 | 2.1 | |
| 10:30am | Lap Swim* | | | Lap Swim* | | | | Lap Swim* | Lessons 9am - | 2 Lane Lap Swim | |
| 11:00am | 10am - 12:55pm | | | 10am - 12:55pm MS Class (Basin) | | | | 10am - 12:55pm (CC Therapy 8am - 11:30am) | 12:10 | 10-12 | |
| 11:30am | (CC Therapy 8am - | | | | | | | | | | |
| 12:00pm | 11:30am) | | | | | | | | | | Family Swim** |
| 12:30pm | | Lap Sw | | 12pm - 1pm | | Lap Swim* | | | | | 8am - 5pm |
| 1:00pm | Arthritis Class | 10am - 4:55pm | | Arthritis Class | | 10am - 4:55pm | | Arthritis Class | | | |
| 1:30pm | 1-1:50p | (CC The | | 1-1:50p | | (CC Therapy | | 1-1:50p | | | |
| 2:00pm | | 12:30pm-3pm) | | Lap Swim* 2-4:55pm Immigrant Swim (Basin) 4-5pm | | 12:30pm-3pm) | | | Lap Swim* 12:10pm - 5pm | | |
| 2:30pm | | | | | | | | | | | |
| 3:00pm | Lap Swim* 2-4:55pm | | | | | | | | | | |
| 3:30pm | 2-4:55pm | | | | | | | Lap Swim* | | | |
| 4:00pm 4:30pm | | | | | | | | 2-6pm | om | | |
| 4:30pm 5:00pm | Lesssons 2 Lane | | | | | | | | | | |
| 5:30pm | MS Class (Basin) | | 2 Lane | Swim | 2 Lane | Swim | 2 Lane | | | | |
| 6:00pm | 5:30pm - 6:30pm | | Lap Swim | Lessons | Lap Swim | Lessons | Lap Swim | | | | |
| 6:30pm | 5-7pm 5-7pm | 5-7pm | 5-7pm | 5-7pm | 5-7pm | 5-7pm | 5-7pm | | | | |
| 7:00pm | | | | | | | | Family Swim** | | | |
| 7:30pm | Family Swim** | Family Swim** 7pm - 8pm | | Family Swim** 7pm - 8pm | | Family Swim** 7pm - 8pm | | 6pm - 8pm | | | |
| 8:00pm | 7pm - 8pm | | | | | | | | | | |

The target pool temperature is between 82° and 86°. | Private Swim Lessons may be utilizing pool at any time.

Hot Tub and Sauna are open ONLY when Aquatics Center is Open.

SUBJECT TO CHANGE AT ANY TIME. The lifeguards have full authority and their word is FINAL.

^{*}Lap Swim - All lanes dedicated to lap swimming/jogging. Basin available unless noted.

^{**}Family Swim - 3 lanes dedicated to lap swimming/jogging. 1 lane and basin available unless noted.