

May 1st- May 31st North Royalton Family YMCA Pool Schedule

*Due to low staffing there may be hourly pool closures, we apologize for any inconvienience this may cause *Family Fun Days will be on the 5th, 12th, 19th, and 26th from 12:30-3pm where there will be more space created for activities in the pool

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday		
6:30											Closed		Closed		6:30
7:00	Adult Lap Swim 6:30a-9:00am (Lanes 1-8)		Adult Lap Swim 6:30a-10:00am (Lanes 1-8)		Adult Lap Swim 6:30a-10:00am (Lanes 1-8)		Adult Lap Swim 6:30a-10:00am (Lanes1-8)		Adult Lap Swim 6:30a-9:00am (Lanes 1-8)						7:00
7:30												Open Swim 7:30-			
8:00												8:45am (Lanes 6-8)			8:00
8:30				Aqua											8:30
9:00	Aq Sh 10-1 Lan	Aqua Fit Shallow 9-9:50am Lanes 6-8 Aqua Fit Shallow 10-10:50am		Fit Deep 10-10:50am (Lanes 6-8)			Agus			Aqua Fit Shallow 9-9:50a (Lanes					9:00
9:30										6-8)					9:30
10:00				Water Walking 11-11:50a (Lanes 6-8)	Swim 10am-4:15pm (Lanes 1-5)	Open Swim 10- 4:45pm (Lanes 6- 8)	- Adult Lap Swim 10am-4:15 (Lanes 1-5)	Aqua Fit Deep 10-10:50a (Lanes 6-8)	Adult Lap Swim 9am-4:15pm (Lanes 1-5)	Water Walking 10-10:50a (Lanes 6-8)		Swim lessons 9a-1p			10:00
10:30		Lanes 6-8													10:30
11:00		Open Swim 10:50-12pm						Open Swim 10:50- 4:45pm (Lanes6-8)							11:00
11:30		(Lanes 6-8)									(Lanes 6-8)	Lap	Open Swim	11:30	
12:00	Adult Lap	Arthritis Water Fitness	Adult Lap								Swim		Swim 8:30-3:30 (Lanes 1-5)	8:30-3:30	12:00
12:30	Swim 9-4:15pm	12-12:50p (Lanes 6-8)	Swim 10am-4:15p (Lanes 1-5)	Open Swim 11:50- 4:45pm (Lanes 6-8)							5:30p				12:30
1:00	(Lanes 1-5)										, , ,				1:00
1:30		Aqua Dance 1:15p-2p (Lanes 6-8)								Aqua Dance	e 2p				1:30
2:00										1:15p-2p (Lanes 6-8)					2:00
2:30		Open Swim 2p-3p (lanes 1- 8) 3-4:45p (Lane 8)												2:30	
3:00												Open Swim 1p-5:30p (Lanes 6-8)			3:00
3:30															3:30
4:00															4:00
4:00															4:30
5:00		Swim lessons 5p-8p (Lanes 6-8)	Adult Lap Swim 6:30- 8:30pm 8- (Lanes 1-5)	lessons 5p-8p (Lanes 6-8) Open Swim 8-8:30pm	RYD Swim Team 4:15- 6:30pm (Lanes 1-5) Adult Lap Swim 6:30- 8:30pm (Lanes 1-5)	8:30pm	RYD Swim Team 4:15- 6:30pm (Lanes 1-5) Adult Lap Swim 6:30- 8:30pm (Lanes 1-5)	Swim lessons 5p-8p (Lanes 6- 8)	RYD Swim Team 4:15- 6:15pm (Lanes 1- 5)	Open Swim 2p- 8:30p (Lanes 6-8)					5:00
	RYD Swim Team 4:15-6:30 (Lanes 1-5)														
5:30															5:30
6:00															6:00
6:30															6:30
7:00	Adult Lap								Adult Lap						7:00
7:30	Swim 6:30-8:30pm								Swim 6:15- 8:30p (Lanes 1-5						7:30
8:00	(Lanes 1-5)	Open Swim 8- 8:30pm (lanes						Open Swim 8-8:30pm							8:00
8:30		6-8)		(Lanes 6-8)		(Lanes 6- 8)		(Lanes 6-8)							8:30

Spa Policies

- 1. Max 6 members at a time
- 2. Time limit not to exceed 10- 15 minutes
 - 3. Adults 18 and over only 4. Shower before entering
 - 5. Proper swimwear required

*Pool Events

POOL TEMP: 81-83

NO OPEN SWIM DURING GROUP SWIM LESSONS. Private lessons may take place at any time . Please review our Test.Mark.Protect policy Children 12 and under must have a parent or quardian in aquatics at all times.

Sauna Policies

- 1. Max of 4 member at a time
- 2. Time limit not to exceed 10 minutes
 - 3. Adults 18 and over only
 - 4. Shower before entering
- 5. Proper swimwear required 6. No shoes allowed

No electronic devices allowed