



WARRENSVILLE HEIGHTS FAMILY YMCA AQUATICS SCHEDULE

TIME	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		TIME
	LAP POOL	LEISURE POOL	LAP POOL	LEISURE POOL	LAP POOL	LEISURE POOL	LAP POOL	LEISURE POOL	LAP POOL	LEISURE POOL	
7:00a	POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED	7:00a
7:30a	POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED	7:30a
8:00a	POOL CLOSED	POOL CLOSED	Lap/Rec Swim (2 Lanes)	Adult Swim	POOL CLOSED	Adult Swim	Lap/Rec Swim (2 Lanes)	Adult Swim	POOL CLOSED	POOL CLOSED	8:00a
8:30a	POOL CLOSED	POOL CLOSED	Lap/Rec Swim (2 Lanes)	Adult Swim	POOL CLOSED	Adult Swim	Lap/Rec Swim (2 Lanes)	Adult Swim	POOL CLOSED	POOL CLOSED	8:30a
9:00a	POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED	9:00a
9:30a	AQUA AEROBICS	Adult Swim	Lap/Rec Swim (2 Lanes)	Adult Swim	AQUA AEROBICS	Adult Swim	Lap/Rec Swim (2 Lanes)	Adult Swim	AQUA AEROBICS	AQUA AEROBICS	9:30a
10:00a	AQUA AEROBICS	Adult Swim	Lap/Rec Swim (2 Lanes)	Adult Swim	AQUA AEROBICS	Adult Swim	Lap/Rec Swim (2 Lanes)	Adult Swim	AQUA AEROBICS	AQUA AEROBICS	10:00a
10:30a	AQUA TONE	Adult Swim	Lap/Rec Swim (2 Lanes)	Adult Swim	AQUA TONE	Adult Swim	Lap/Rec Swim (2 Lanes)	Adult Swim	AQUA TONE	AQUA TONE	10:30a
11:00a	AQUA TONE	Adult Swim	Lap/Rec Swim (2 Lanes)	Adult Swim	AQUA TONE	Adult Swim	Lap/Rec Swim (2 Lanes)	Adult Swim	AQUA TONE	AQUA TONE	11:00a
11:30a	AQUACISE	Adult Swim	AQUA TONE	Adult Swim	AQUACISE	Adult Swim	AQUA TONE	Adult Swim	AQUACISE	AQUACISE	11:30a
12:00p	AQUACISE	Adult Swim	AQUA TONE	Adult Swim	AQUACISE	Adult Swim	AQUA TONE	Adult Swim	AQUACISE	AQUACISE	12:00p
12:30p	* CLEANING (15mins)		* CLEANING (15mins)		* CLEANING (15mins)		* CLEANING (15mins)		* CLEANING (15mins)		12:30p
12:45p	* POOL CLOSED (15mins)		* POOL CLOSED (15mins)		* POOL CLOSED (15mins)		* POOL CLOSED (15mins)		* POOL CLOSED (15mins)		12:45p
1:00p	AQUA ARTHRITIS	Adult Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	AQUA ARTHRITIS	Adult Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	AQUA ARTHRITIS	AQUA ARTHRITIS	1:00p
1:30p	AQUA ARTHRITIS	Adult Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	AQUA ARTHRITIS	Adult Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	AQUA ARTHRITIS	AQUA ARTHRITIS	1:30p
2:00p	Lap/Rec Swim (2 Lanes)	Adult Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim (2 Lanes)	Adult Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	2:00p
2:30p	Lap/Rec Swim (2 Lanes)	Adult Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim (2 Lanes)	Adult Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	2:30p
3:00p	CLEANING		CLEANING		CLEANING		CLEANING		CLEANING		3:00p
3:30p	POOL CLOSED		POOL CLOSED		POOL CLOSED		POOL CLOSED		POOL CLOSED		3:30p
4:00p	Lap/Rec Swim (2 Lanes)	Adult/Family	Lap/Rec Swim (3 Lanes)	Adult/Family	Lap/Rec Swim (2 Lanes)	Adult/Family	Lap/Rec Swim (3 Lanes)	Adult/Family	Lap/Rec Swim (2 Lanes)	1/16yr Café	4:00p
4:30p	Lap/Rec Swim (2 Lanes)	Adult/Family	Lap/Rec Swim (3 Lanes)	Adult/Family	Lap/Rec Swim (2 Lanes)	Adult/Family	Lap/Rec Swim (3 Lanes)	Adult/Family	Lap/Rec Swim (2 Lanes)	1/16yr Café	4:30p
5:00p	Lap/Rec Swim (2 Lanes)	Adult/Family	Lap/Rec Swim (0 Lanes)	Swim Class	Lap/Rec Swim (2 Lanes)	Swim Class	Lap/Rec Swim (0 Lanes)	Swim Class	Lap/Rec Swim (3 Lanes)	Adult/Family	5:00p
5:30p	Lap/Rec Swim (2 Lanes)	Adult/Family	Lap/Rec Swim (0 Lanes)	Swim Class	Lap/Rec Swim (2 Lanes)	Swim Class	Lap/Rec Swim (0 Lanes)	Swim Class	Lap/Rec Swim (3 Lanes)	Adult/Family	5:30p
6:00p	Lap/Rec Swim (3 Lanes)	Adult/Family	Lap/Rec Swim (0 Lanes)	Swim Class	Lap/Rec Swim (3 Lanes)	Swim Class	Lap/Rec Swim (0 Lanes)	Swim Class	Lap/Rec Swim (3 Lanes)	Adult/Family	6:00p
6:30p	Lap/Rec Swim (3 Lanes)	Adult/Family	Lap/Rec Swim (0 Lanes)	Swim Class	Lap/Rec Swim (3 Lanes)	Swim Class	Lap/Rec Swim (0 Lanes)	Swim Class	Lap/Rec Swim (3 Lanes)	Adult/Family	6:30p
7:00p	POOL CLOSED		HOT TUB & SAUNA UNAVAILABLE		POOL CLOSED		HOT TUB & SAUNA UNAVAILABLE		POOL CLOSED		7:00p
7:30p	POOL CLOSED		DURING SWIM LESSONS		POOL CLOSED		DURING SWIM LESSONS		POOL CLOSED		7:30p
8:00p	POOL CLOSED		5:00pm - 7:00pm		POOL CLOSED		5:00pm - 7:00pm		POOL CLOSED		8:00p

TIME	SATURDAY		SUNDAY	
	LAP POOL	LEISURE POOL	LAP POOL	LEISURE POOL
10:00a	Lap/Rec Swim (0 Lanes)	Swim Class	POOL CLOSED	POOL CLOSED
10:30a	Lap/Rec Swim (0 Lanes)	Swim Class	POOL CLOSED	POOL CLOSED
11:00a	Lap/Rec Swim (0 Lanes)	Swim Class	POOL CLOSED	POOL CLOSED
11:30a	Lap/Rec Swim (0 Lanes)	Swim Class	POOL CLOSED	POOL CLOSED
12:00p	Lap/Rec Swim (0 Lanes)	Swim Class	POOL CLOSED	POOL CLOSED
12:30p	Lap/Rec Swim (0 Lanes)	Swim Class	POOL CLOSED	POOL CLOSED
1:00p	Lap/Rec Swim (3 Lanes)	Adult/Family	POOL CLOSED	POOL CLOSED
1:30p	Lap/Rec Swim (3 Lanes)	Adult/Family	POOL CLOSED	POOL CLOSED
2:00p	Lap/Rec Swim (3 Lanes)	Adult/Family	POOL CLOSED	POOL CLOSED
2:30p	Lap/Rec Swim (3 Lanes)	Adult/Family	POOL CLOSED	POOL CLOSED
3:00p	Reserved for TAKE A STAND Program		Reserved for TAKE A STAND Program	
4:00p	Reserved for TAKE A STAND Program		Reserved for TAKE A STAND Program	

IMPORTANT POOL FAQ'S

REGISTRATION ONLY - PLEASE REGISTER AT THE FRONT DESK BEFORE USING THE POOL AREA!

Classes: 16 (3 in Lap, 13 in Leisure)

Hot Tub: 6 (30 minute time limit)

Sauna: 6 (15 minute time limit)

Monday/ Wednesday: 1pm-6:00pm

Tuesday/Thursday: 8am-11am

FACILITY

Hot Tub/Sauna Open (RESERVATION ONLY)

ADULTS are NOT ALLOWED IN POOL AREA While Lessons are in Session!