



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

March 25 - March 31

Competition Pool

	Monday	Tuesday	Wednesday		Thursday	Friday	Saturday	Sunday
5:30	8 Lanes Open 5:30am-5:30pm	8 Lanes Open 5:30am-8:30pm	CLOSED Opens at 6am		8 Lanes Open 5:30-8:30am	8 Lanes Open 5:30am-1pm	Opens at 8am	CLOSED Happy Easter!!
6:00			8 Lanes Open 6am-10am					
6:30								
7:00								
7:30								
8:00			Aqua Bootcamp Lanes 1-3 Open Lanes 4-8 8:30-9:20am		8 Lanes Open 8am-9am			
8:30								
9:00								
9:30			Aqua Deep Lanes 1-3 Open Lanes 4-8 9:30-10:20am		Group Swim Lessons Lanes 1 & 2			
10:00								
10:30								
11:00			Swim Lesson Lane 1	10-10:30am Open Lanes 2-8	Open Lanes 3-8 9am-12pm			
11:30			8 Lanes Open 10:30am-5:30pm			8 Lanes Open 10:20-6:45pm		
12:00								
12:30								
1:00								
1:30			8 Lanes Open 10:30am-5:30pm		8 Lanes Open 12-3pm			
2:00								
2:30								
3:00								
3:30			CLOSED 1pm-5pm		8 Lanes Open 12-3pm			
4:00								
4:30								
5:00								
5:30	8 Lanes Open 10:30am-5:30pm		8 Lanes Open 12-3pm					
6:00								
6:30								
7:00								
7:30	8 Lanes Open 10:30am-5:30pm		8 Lanes Open 12-3pm					
8:00								
8:30								
5:30	Group Swim Lessons Lanes 1-2	Group Swim Lessons Lanes 1-2		Triathlon Group Lanes 6-8 6:45-7:45pm Open Lanes 1-5	8 Lanes Open 5-8:30pm	CLOSED		
6:00	Open Lanes 3-8 4:30-7pm	Open Lanes 3-8 4:30-7pm						
6:30								
7:00								
7:30	8 Lanes Open 7-8:30pm	8 Lanes Open 7-8:30pm						
8:00								
8:30								

POOL SCHEDULE IS SUBJECT TO CHANGE BASED ON LIFEGUARD AVAILABILITY

Maximum capacity for Group Fitness Classes in pool is 25 participants.

Notes

To better accommodate our members, we will no longer be selling day passes on the weekends.

Lane 1 and 8 are designated for water walking/independent water aerobics.

