



FOR YOUTH DEVELOPMENT™  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## CYCLE STUDIO SCHEDULE - March

Monday	Tuesday	Wednesday	Thursday	Friday	Sat.	Sunday
Morning Classes						
	<u>5:30 – 6:20</u> <b>Cycle</b> Monica		<u>5:30 – 6:20</u> <b>Cycle</b> Dayle			
<u>9:30 – 10:20</u> <b>Cycle</b> Dayle	<u>7:30 – 8:20</u> <b>Cycle</b> Katie	<u>9:30 – 10:20</u> <b>Cycle</b> Diane	<u>8:30 – 9:20</u> <b>Cycle Sculpt</b> Jackie	<u>9:30 – 10:20</u> <b>Cycle</b> Jessica	<u>8:30 – 9:20</u> <b>Cycle</b> Staff	<u>9:30-10:20</u> <b>Cycle</b> Staff
						<u>11:00-11:30</u> <b>Les Mills SPRINT Staff New</b>
Evening Classes						
<u>6:00 – 6:50</u> <b>Cycle</b> Tim		<u>6:00 – 6:50</u> <b>Cycle</b> Tim		<u>5:30 – 6:00</u> <b>Les Mills SPRINT Staff New</b>		



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**YMCA Name**

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