

## Aquatics Center Schedule 1/22 - 2/04

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		Sunday	
6:00am	Lap Swim* 6am – 7:55am	Lap Swim* 6am – 7:55am	Lap Swim* 6am – 7:55am	Lap Swim* 6am – 7:55am	Lap Swim* 6am – 7:55am	Lap Swim* 7am –9am			
6:30am									
7:00am									
7:30am									
8:00am	Deep Water Ex 8am – 8:50am	Deep Water Ex 8am – 8:50am	Deep Water Ex 8am – 8:50am	Deep Water Ex 8am – 8:50am	Deep Water Ex 8am – 8:50am	Lessons 9am – 12:10 3 Lane Lap Swim 10-12		Family Swim** 8am – 2pm	
8:30am	Shallow Water Ex 9am – 9:50am	Shallow Water Ex 9am – 9:50am	Shallow Water Ex 9am – 9:50am	Shallow Water Ex 9am – 9:50am	Shallow Water Ex 9am – 9:50am				
9:00am	Lap Swim* 10am – 12:55pm (CC Therapy 8am – 11:30am)	Lap Swim* 10am – 4:55pm (CC Therapy 12:30pm–3pm)	Lap Swim* 10am – 12:55pm	Lap Swim* 10am – 4:55pm (CC Therapy 12:30pm–3pm)	Lap Swim* 10am – 12:55pm (CC Therapy 8am – 11:30am)				
9:30am									
10:00am									
10:30am									
11:00am	Arthritis Class 1-1:50p	Lap Swim* 10am – 4:55pm (CC Therapy 12:30pm–3pm)	MS Class (Basin) 12pm – 1pm Arthritis Class 1-1:50p	Lap Swim* 10am – 4:55pm (CC Therapy 12:30pm–3pm)	Arthritis Class 1-1:50p	Lap Swim* 12:10pm – 2pm			
11:30am									
12:00pm									
12:30pm									
1:00pm	Lap Swim* 2-4:55pm	Lap Swim* 10am – 4:55pm (CC Therapy 12:30pm–3pm)	Lap Swim* 2-4:55pm Immigrant Swim (Basin) 4-5pm	Lap Swim* 10am – 4:55pm (CC Therapy 12:30pm–3pm)	Lap Swim* 2-6pm				
1:30pm									
2:00pm									
2:30pm									
3:00pm	Lessons 3 Lane MS Class (Basin) 5:30pm – 6:30pm 5-7pm 5-7pm	Swim Lessons 5-7pm 3 Lane Lap Swim 5-7pm	Swim Lessons 5-7pm 2 Lane Lap Swim 5-7pm	Swim Lessons 5-7pm 3 Lane Lap Swim 5-7pm	Lap Swim* 2-6pm				
3:30pm									
4:00pm									
4:30pm									
5:00pm	Family Swim** 7pm – 8pm	Family Swim** 7pm – 8pm	Family Swim** 7pm – 8pm	Family Swim** 7pm – 8pm	Family Swim** 6pm – 8pm				
5:30pm									
6:00pm									
6:30pm									
7:00pm									
7:30pm									
8:00pm									

The target pool temperature is between **82° and 86°**. | Private Swim Lessons may be utilizing pool at any time.

Hot Tub and Sauna are open ONLY when Aquatics Center is Open.

\*Lap Swim - All lanes dedicated to lap swimming/jogging. Basin available unless noted.

\*\*Family Swim - 3 lanes dedicated to lap swimming/jogging. 1 lane and basin available unless noted.

**SUBJECT TO CHANGE AT ANY TIME. The lifeguards have full authority and their word is FINAL.**