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FOR SOCIAL RESPONSIBILITY

# POOL SCHEDULE

PARKER HANNIFIN DOWNTOWN YMCA

P 216 344-7700 [WWW.CLEVELANDYMCA.ORG](http://WWW.CLEVELANDYMCA.ORG)

DECEMBER 1<sup>ST</sup> - 23<sup>RD</sup> 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Schedule subject to change.
5:30-7:30a Lap Swim	5:30-7:30a Lap Swim	5:30-7:30a Lap Swim	5:30-7:30a Lap Swim	5:30-7:30a Lap Swim			<b>Pool Area Closed</b> December 5 <sup>th</sup> , 12 <sup>th</sup> , 19 <sup>th</sup> 10:00-10:45a, 12:30-1:15p 2:15-3:00p
Closed LG Break 7:30-8:15a	Closed LG Break 7:30-8:15a	Closed LG Break 7:30-8:15a	Closed LG Break 7:30-8:15a	Closed LG Break 7:30-8:15a	8:00-9:55a Lap Swim		<b>Lap Swim</b> Ages 13 & Over Laps
8:15-1:40p Lap Swim	8:15-10:00a Lap Swim	8:15-1:40p Lap Swim	8:15-10:00a Lap Swim	8:15-1:40p Lap Swim	Break 9:40-9:55a If One Guard		<b>Family Swim</b> Children 12 & under unable to pass swim test must be directly supervised by parent in the water.
	<b>Pool Closed</b> 10:00-10:45a Swim Lessons		<b>Pool Shared</b> 10:00-11:00a Water EX & Lap Swim		9:55-11:00a 3 Lanes Swim Lessons		
	10:45-12:30p Lap Swim		11:00-1:40p Lap Swim		11:00-11:30a 2 Lanes Swim Lessons 1 Ln Family Swim	10:45-12:30p 2 Lanes Lap 1 Lane Family	
	<b>Pool Closed</b> 12:30-1:15p Swim Lessons				11:30-12:00p 1 Ln Lessons 1 Lane Lap 1 Ln Family Swim		
Break 1:20-1:40p If One Guard	1:15-2:15p Lap Swim	Break 1:20-1:40p If One Guard	Break 1:20-1:40p If One Guard	Break 1:20-1:40p If One Guard	12:00-2:00p Adults Only 3 Lanes	12:30-2:00p Adults Only 3 Lanes	<b>Hot Tub, Sauna, &amp; Steam Room</b> <b>Ages 18 &amp; Over</b> Limit time to 10 min. <b>NO SHOES in Steam or Sauna</b>
1:40-4:00p Lap Swim	<b>Pool Closed</b> 2:15-3:00p Swim Lessons	1:40-4:00p Lap Swim	1:40-4:00p Lap Swim	1:40-4:00p Lap Swim	Pool Closes 2:00p	Pool Closes 2:00p	<b>Water Exercise</b> T & TH 5:45-6:40p Thurs 10:00-11:00a <b>NO Entry to class after 15 minutes once class starts. 6:00p or 10:15a</b>
Break 3:40-4:00p If One Guard	3:00-5:45p Lap Swim	Break 3:40-4:00p If One Guard	Break 3:40-4:00p If One Guard	Break 3:40-4:00p If One Guard	<b>Family Swim</b> Available at designated times. 12&Under <b>NOT</b> permitted in the pool without parent in water unless passed <b>Swim Test</b>		
4:00-6:45p 1 Ln Lessons 2 Lanes Lap	5:45-6:40p Water EX Hot tub, Sauna Steam Closed <b>NO Entry after 6p</b>	4:00-7:00p 1 to 2 Lanes Swim Lessons 1 Lane Lap	5:45-6:40p Water EX Hot tub, Sauna Steam Closed <b>NO Entry after 6p</b>	4:00-7:00p Lap Swim	<b>Pool Rules Reminder</b>		<b>Swim Lessons</b> Group & Private Lessons Available
6:45-8:00p Lap Swim	6:40-8:00p Lap Swim	7:00-8:00p Lap Swim	6:40-8:00p Lap Swim		1. Shoes <b>NOT</b> permitted in steam room & sauna.		Must register before attending.
					2. Cell phone usage <b>NOT</b> permitted in all pool areas.		Session Start 11/27/23 Session End 12/23/23
Closes at 8pm	Closes At 8:00p	Closes At 8:00p	Closes at 8:00p	Closes at 7:00p	3. Please <b>shower</b> before entering Pool & Hot Tub		