



WARRENSVILLE HEIGHTS FAMILY YMCA AQUATICS SCHEDULE

MONDAY			TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
TIME	LAP POOL	LEISURE POOL	LAP POOL	LEISURE POOL	LAP POOL	LEISURE POOL	LAP POOL	LEISURE POOL	LAP POOL	LEISURE POOL	TIME
7:00a	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim(2 Lanes)	Swim Class	Lap/Rec Swim (3 Lanes)	Adult Swim	7:00a
7:30a	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim(2 Lanes)	Swim Class	Lap/Rec Swim (3 Lanes)	Adult Swim	7:30a
8:00a	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim(2 Lanes)	Adult Swim	Lap/Rec Swim(3 Lanes)	Adult Swim	Lap/Rec Swim(2 Lanes)	Adult Swim	Lap/Rec Swim(3 Lanes)	Adult Swim	8:00a
8:30a	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim(2 Lanes)	Adult Swim	Lap/Rec Swim(3 Lanes)	Adult Swim	Lap/Rec Swim(2 Lanes)	Adult Swim	Lap/Rec Swim(3 Lanes)	Adult Swim	8:30a
9:00a	POOL CLOSED		POOL CLOSED		POOL CLOSED		POOL CLOSED		POOL CLOSED		9:00a
9:30a	AQUA AEROBICS		Lap/Rec Swim(2 Lanes)	Adult Swim	AQUA AEROBICS		Lap/ Rec Swim (2 Lanes)	Adult Swim	AQUA AEROBICS		9:30a
10:00a	AQUA AEROBICS		Lap/Rec Swim(2 Lanes)	Adult Swim	AQUA AEROBICS		Lap/ Rec Swim (2 Lanes)	Adult Swim	AQUA AEROBICS		10:00a
10:30a	AQUA TONE		Lap/Rec Swim(2 Lanes)	Adult Swim	AQUA TONE		Lap/ Rec Swim (2 Lanes)	Adult Swim	AQUA TONE		10:30a
11:00a	AQUA TONE		Lap/Rec Swim(2 Lanes)	Adult Swim	AQUA TONE		Lap/ Rec Swim (2 Lanes)	Adult Swim	AQUA TONE		11:00a
11:30a	AQUACISE		AQUA TONE		AQUACISE		AQUA TONE		AQUACISE		11:30a
12:00p	AQUACISE		AQUA TONE		AQUACISE		AQUA TONE		AQUACISE		12:00p
12:30p	CLEANING		CLEANING		CLEANING		CLEANING		CLEANING		12:30p
1:00p	AQUA ARTHRITIS		Lap/Rec Swim(3 Lanes)	Adult Swim	AQUA ARTHRITIS		Lap/Rec Swim(3 Lanes)	Adult Swim	AQUA ARTHRITIS		1:00p
1:30p	AQUA ARTHRITIS		Lap/Rec Swim(3 Lanes)	Adult Swim	AQUA ARTHRITIS		Lap/Rec Swim(3 Lanes)	Adult Swim	AQUA ARTHRITIS		1:30p
2:00p	Lap/Rec Swim(2 Lanes)	Adult Swim	Lap/Rec Swim(3 Lanes)	Adult Swim	Lap/Rec Swim(2 Lanes)	Adult Swim	Lap/Rec Swim(3 Lanes)	Adult Swim	Lap/Rec Swim(2 Lanes)	Adult Swim	2:00p
2:30p	Lap/Rec Swim(2 Lanes)	Adult Swim	Lap/Rec Swim(3 Lanes)	Adult Swim	Lap/Rec Swim(2 Lanes)	Adult Swim	Lap/Rec Swim(3 Lanes)	Adult Swim	Lap/Rec Swim(2 Lanes)	Adult Swim	2:30p
3:00p	CLEANING		CLEANING		CLEANING		CLEANING		CLEANING		3:00p
3:30p	POOL CLOSED		POOL CLOSED		POOL CLOSED		POOL CLOSED		POOL CLOSED		3:30p
4:00p	Lap/Rec Swim(2 Lanes)	Family Swim	Lap/Rec Swim(3 Lanes)	Family Swim	Lap/Rec Swim(2 Lanes)	Family Swim	Lap/Rec Swim(3 Lanes)	Family Swim	Lap/Rec Swim(2 Lanes)	Tiger Café	4:00p
4:30p	Lap/Rec Swim(2 Lanes)	Family Swim	Lap/Rec Swim(3 Lanes)	Family Swim	Lap/Rec Swim(2 Lanes)	Family Swim	Lap/Rec Swim(3 Lanes)	Family Swim	Lap/Rec Swim(2 Lanes)	Tiger Café	4:30p
5:00p	Lap/Rec Swim(2 Lanes)	Family Swim	Lap/Rec Swim(2 Lanes)	Swim Class	Lap/Rec Swim(2 Lanes)	Family Swim	Lap/Rec Swim(3 Lanes)	Family Swim	Lap/Rec Swim(2 Lanes)	Swim Class	5:00p
5:30p	Lap/Rec Swim(2 Lanes)	Family Swim	Lap/Rec Swim(2 Lanes)	Swim Class	Lap/Rec Swim(2 Lanes)	Family Swim	Lap/Rec Swim(3 Lanes)	Family Swim	Lap/Rec Swim(2 Lanes)	Swim Class	5:30p
6:00p	Lap/Rec Swim(3 Lanes)	Family Swim	Swim Class	Swim Class	Lap/Rec Swim(3 Lanes)	Family Swim	Lap/Rec Swim(3 Lanes)	Family Swim	Lap/Rec Swim(2 Lanes)	Swim Class	6:00p
6:30p	Lap/Rec Swim(3 Lanes)	Family Swim	Swim Class	Swim Class	Lap/Rec Swim(3 Lanes)	Family Swim	Lap/Rec Swim(3 Lanes)	Family Swim	Lap/Rec Swim(2 Lanes)	Swim Class	6:30p
7:00p	Lap/Rec Swim(3 Lanes)	Family Swim	Lap/Rec Swim(3 Lanes)	Family Swim	Lap/Rec Swim(3 Lanes)	Family Swim	Lap/Rec Swim(3 Lanes)	Family Swim	Lap/Rec Swim(3 Lanes)	Family Swim	7:00p
7:30p	Lap/Rec Swim(3 Lanes)	Family Swim	Lap/Rec Swim(3 Lanes)	Family Swim	Lap/Rec Swim(3 Lanes)	Family Swim	Lap/Rec Swim(3 Lanes)	Family Swim	Lap/Rec Swim(3 Lanes)	Family Swim	7:30p
8:00p	POOL CLOSED		POOL CLOSED		POOL CLOSED		POOL CLOSED		POOL CLOSED		8:00p
SATURDAY			SUNDAY		<div>IMPORTANT POOL FAQ's</div> <div>REGISTRATION ONLY- PLEASE REGISTER AT THE FRONT DESK BEFORE USING THE POOL AREA!</div> <div>Monday/ Wednesday: 1pm-6:00pm Tuesday/Thursday: 8am-11am</div> <div>Classes: 23 (12 in Lap, 10 in Leisure) Hot Tub: 6 (15 minute time limit) Sauna: 6 (15 minute time limit)</div> <div>FACILITY</div> <div>Hot Tub/Sauna Open (RESERVATION ONLY)</div>						
TIME	LAP POOL	LEISURE POOL	LAP POOL	LEISURE POOL							
10:00a	Lap/Rec Swim(2 Lanes)	Swim Class	POOL CLOSED POOL CLOSED								
10:30a	Lap/Rec Swim(2 Lanes)	Swim Class									
11:00a	Lap/Rec Swim(2 Lanes)	Swim Class									
11:30a	Lap/Rec Swim(2 Lanes)	Swim Class									
12:00p	Lap/Rec Swim(2 Lanes)	Swim Class									
12:30p	Lap/Rec Swim(2 Lanes)	Swim Class									
1:00p	Lap/Rec Swim(0 Lanes)	Family Swim									
1:30p	Lap/Rec Swim(0 Lanes)	Family Swim									
2:00p	Lap/Rec Swim(0 Lanes)	Family Swim									
2:30p	Lap/Rec Swim(0 Lanes)	Family Swim									
3:00p	Lap/Rec Swim(0 Lanes)	Family Swim									

