



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

CYCLE STUDIO SCHEDULE – September

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning Classes						
	<u>5:15 – 6:00</u> Cycle Monica <u>7:30-8:20</u> Cycle and Strength Diane		<u>5:30 – 6:20</u> Cycle Dayle			
<u>9:30 – 10:20</u> Cycle Dayle		<u>9:30 – 10:20</u> Cycle Diane	<u>8:30 – 9:20</u> Cycle Sculpt Jackie	<u>9:30 – 10:20</u> Cycle Jessica	<u>8:30 – 9:20</u> Cycle Staff	<u>9:30-10:20</u> Cycle Staff
Evening Classes						
<u>5:30 – 6:00</u> SPRINT Les Mills Priscilla POP-UP for September		<u>6:00 – 6:50</u> Cycle Staff				



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA Name

123 Anystreet, Anytown, US 99999

P 888 888 8888 **F** 222 222 2222 ymcaofanytown.net