



POOL SCHEDULE

PARKER HANNIFIN DOWNTOWN YMCA

P 216 344-7700 <u>WWW.CLEVELANDYMCA.ORG</u>

REVISED 4.29.23

MAY 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Schedule subject
5:30-7:30a Lap Swim	5:30-7:30a Lap Swim	5:30-7:30a Lap Swim	5:30-7:30a Lap Swim	5:30-7:30a Lap Swim	8:00-9:45a Lap Swim		to change. The use of cell
Closed LG Break 7:30-8:15a	Closed LG Break 7:30-8:15a	Closed LG Break 7:30-8:15a	Closed LG Break 7:30-8:15a	Closed LG Break 7:30-8:15a	Closed LG Break 9:45-10:00a		phones prohibite in all pool areas.
8:15-9:45a Lap Swim	8:15-10:00a Lap Swim	8:15-9:45a Lap Swim	8:15-9:45a Lap Swim	8:15-9:45a Lap Swim	10:00-11:00a 3 Lanes Swim Lessons		Lap Swim Ages 13 & Over Swimming Laps Family Swim Children 12 & under unable to pass swittest must be direct supervised by parent in the wate Hot Tub Usage Ages 18 & Over Limit time to 10 minutes then take a break. SHOWER before using.
LG Break 9:45-10 If One Guard	10:00-11:00a CLOSED Swim Lesson	LG Break 9:45-10 If One Guard	LG Break 9:45-10 If One Guard	LG Break 9:45-10 If One Guard	11:00-11:30a 1 Ln Lap Swim 1 Ln Lessons 1 Ln Family		
10:00-11:30a Lap Swim	11:00-12:30p Lap Swim	10:00-11:30a Lap Swim	10:00-11:30a Lap Swim	10:00-11:30a Lap Swim	11:30-12:00p 1-2 Lanes Lap 1-2 Lns Family	11:00-12:30p Lap Swim	
Break 11:30-11:45a If One Guard	12:30-1:00p CLOSED Swim Lessons	Break 11:30-11:45a If One Guard	Break 11:30-11:45 If One Guard	Break 11:30-11:45a If One Guard	12:00-1:00p Adults Only 3 Lanes	Closed LG Break 12:30-12:45p	
11:45-1:15p Lap Swim	1:00-2:00p Lap Swim	11:45-1:15p Lap Swim	11:45-1:15p Lap Swim	11:45-1:15p Lap Swim	1:00-2:00p Kids That Tri ALL 3 Lanes	12:45-2:00p Lap Swim	
Pool Area Closed 1:15-1:45p LG Break & Clean	2:00-3:15p CLOSED Swim Lessons	Pool Area Closed 1:15-1:45p LG Break & Clean	Pool Area Closed 1:15-1:45p LG Break & Clean	Pool Area Closed 1:15-1:45p LG Break & Clean	Pool Closes 2:00p	Pool Closes 2:00p	
1:45-3:15p Lap Swim LG Break 3:15-3:45p	Break Pool Closed 3:15-3:45p	1:45-3:15p Lap Swim LG Break 3:15-3:45p	1:45-3:15p Lap Swim Break 3:15-3:45p	1:45-3:15p Lap Swim Break 3:15-4:00p			Room Usage Ages 18 & Over Max time 10 minute
3:45-5:00 Lap Swim Break 5:00-5:15p	3:45-5:00 Lap Swim Break 5:00-5:15p	3:45-4:45p 1 Lane Lap 2 Ln Lessons	3:45-5:00 Lap Swim Break 5:00-5:15p	4:00-5:15p Lap Swim Break 5:15-5:30p	Open Swim ONLY available at designated times on the schedule. 12&Under are NOT permitted in the pool without an adult unless they have passed the Swim Test Pool Rules Reminder		then take a break. Shoes NOT permitted in Steam or Sauna
5:15-8:00p 1 Lane Swim Lessons	5:30-6:30p Water EX Hot tub, Sauna Steam Closed	4:45-8:00p 1 Lane Swim Lessons	5:30-6:30p Water EX Hot tub Sauna Steam Closed	5:15-6:45p Lap Swim Break 6:45-7:00p			Water Exercis Tues 5:30-6:30p Thurs 5:30-6:30 Members 13 & ov
2 Lanes Lap Swim	6:30-8:00p 1 Ln Lessons 2 Ln Lap Swim	2 Lanes Lap Swim	6:30-8:00p Lap Swim	7:00-8:00p Lap Swim	1. Shoes NO1 steam room 8 pool areas.	Swim Lesson: Fee based group private Lessons	
Pool Closes 8:00p	Pool Closes 8:00p	Pool Closes 8:00p	Pool Closes 8:00p	Pool Closes 8:00p	permitted in	with registration Start 5/8/23 End 6/4/23	