Aquatics Center Schedule 3/20 – 3/26											
	Monday	Tuesday		Wednesday		Thursday		Friday	Saturday		Sunday
6:00am											
6:30am	Lap Swim*	Lap Swim*		Lap Swim*		Lap Swim*		Lap Swim*			
7:00am	6am - 7:55am	6am - 1	7:55am	6am - 1	7:55am	6am -	7:55am	6am - 7:55am			
7:30am											
8:00am	Deep Water Ex	Deep Water Ex 8am - 8:50am Shallow Water Ex 9am - 9:50am		Deep Water Ex 8am - 8:50am Shallow Water Ex 9am - 9:50am		Deep Water Ex 8am - 8:50am Shallow Water Ex 9am - 9:50am		Deep Water Ex			
8:30am	8am - 8:50am							8am - 8:50am	Deep Water Ex Shallow Water Ex 8:30am - 10am		
9:00am	Shallow Water Ex							Shallow Water Ex			
9:30am	9am - 9:50am							9am - 9:50am			
10:00am		Lap Swim* 10am - 4:55pm (Cleveland Clinic Therapy 12:30pm- 3pm)		Lap Swim* 10am - 2pm (Open during MS Class) MS Class (Basin) 12:00 - 1:00 Lap Swim* 10am - 2pm Arthritis Class 2-2:50p Lap Swim* 3-4:55pm		Lap Swim* 10am - 4:55pm (Cleveland Clinic Therapy 12:30pm- 3pm)		Lap Swim* 10am - 2pm (Cleveland Clinic Therapy 8am - 11:30am)			
10:30am	Lap Swim*								Lessons		Family Swim** 8:30am -
11:00am	10am – 2pm								9am - (Appts) 12:10 10 -12	2pm	
11:30am 12:00pm	(Cleveland Clinic								12.10 10 12		_p
12:00pm 12:30pm	Therapy 8am -								Lap Swim* 12:10pm – 2pm		
1:00pm	11:30am)										
1:30pm											
2:00pm	Arthritis Class							Arthritis Class			
2:30pm	2-2:50p							2-2:50p			
3:00pm								Lap Swim* 3pm - 6pm			
3:30pm	Lap Swim*										
4:00pm	3-4:55pm										
4:30pm											
5:00pm	Lessons Appts	C. dim	LAP	Cim	LAP	Ci.m					
5:30pm	MS Class (Basin)	Swim Lessons	LAP (Appts)	Swim Lessons	LAP (Appts)	Swim Lessons	LAP (Appts)				
6:00pm	5:30pm - 6:30pm	5-7pm		5-7pm	5-7pm	5-7pm	5-7pm	Family Swim**			
6:30pm	5-7pm 5-7pm										
7:00pm	Lap Swim*	Lap Swim* 7-8pm		Lap Swim* 7-8pm		Family Swim** 7pm - 8pm		6pm – 8pm			
7:30pm	7-8pm										
8:00pm											

Lap Lane appointments are scheduled 24 hours in advance for 30 minute time slots during swim lessons.

Hot Tub and Sauna are open ONLY when Aquatics Center is Open. Pool closed during lessons/classes.

*Lap Swim - All lanes dedicated to lap swimming/jogging. Basin available for all other activities.

**Family Swim - 3 lanes dedicated to lap swimming/jogging. 1 lane and basin available for all other activities.

SUBJECT TO CHANGE AT ANY TIME. The lifeguards have full authority and their word is FINAL.