



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

March 13th- April 2nd

Recreation Pool

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:30								
6:30								
7:00						Open Swim 7:00am-9:00am		
7:30								
8:00	Aquacise 8:00am-8:50am	Open Swim 8:00am-2:00pm	Aquacise 8:00am-8:50am	Open Swim 8:00am- 10:00 am		Group Swim Lesson 9:00am-12:00pm	Family Swim 8:00am-4:00pm	
8:30								
9:00	Aquacise 9:00am-9:50am			Aquacise 9:00am-9:50am				
9:30								Aqua Zumba 9:30am-10:20am
10:00	Closed 9:50am- 10:30 am			Closed 10:00am - 10:30am	Closed 10:00am- 10:30 am			
10:30	Open Swim 10:30am-11:00am							Closed 10:20am- 10:45am
11:00			Aqua Fit 10:30am-11:20am	Open Swim 10:30- 12:30	Open Swim 10:45am- 11:00am			
11:30	Aqua Fit 11:00am-11:50am				Aqua Fit 11:00am-11:50am			
12:00			Open Swim 11:20am-12:30pm					
12:30	Closed 11:50am- 12:30pm							
1:00								
1:30	Open Swim 12:30pm- 1:45pm							
2:00			Closed 12:30pm - 3:45pm	Closed 12:30-3:45 pm	Closed 11:50am- 3:45pm	Family Swim 12:00pm - 2:50pm		
2:30	Closed 1:45pm- 3:45	Closed 1:30pm - 3:45pm						
3:00								
3:30								
4:00	Group Swim Lesson 4:00pm -7:00pm	Family Swim 3:45pm-6:30pm	Group Swim Lesson 4:00pm-7:45pm	Family Swim 3:45pm-6:30pm	Family Swim 3:45pm-8:30pm			
4:30								
5:00								
5:30								
6:00								
6:30								
7:00		Aqua Zumba 6:30pm- 7:20pm (no family swim in shallow)		Aqua Zumba 6:30pm- 7:20pm (no family swim in shallow)				
7:30	Family Swim 7:00pm-8:30pm		Family Swim 7:45pm-8:30pm	Family Swim 7:20pm-8:30pm				
8:00		Family Swim 7:20pm-8:30pm						
8:30								

The pool schedule is subject to change upon lifeguard availability

Spa Policies

1. Must be at least 18 years of age.
2. Swim attire is required.
3. Please shower before entering
4. Do not use without lifeguard supervision
5. Exercise is prohibited
6. Observe reasonable time limits of 10-15 minutes. Then leave the water and cool down before returning for another brief stay if you wish.

Sauna Policies

1. Must be at least 18 years of age.
2. Athletic (shorts & short sleeve shirt) or swim attire is required. Long pants, long shirts, and shoes are prohibited.
3. Observe reasonable time limits of 10-15 minutes. Then leave the sauna and cool down before returning for another brief stay if you wish.
4. Do not use oils or lotions while in sauna
5. Do NOT pour water on rocks

Unavailable Lanes Through March

March 22nd- Lanes 7-8 booked from 10:45am-12:30pm March 18th, 19th, 20th- Lanes 5-8 booked from 9am-2pm Lifeguard Class March 24th-

4 Lanes 5-8 4:30pm-7:30pm Lifeguard Class

PLEASE NOTE: MARCH 20TH THE

COMP POOL WILL BE CLOSED UNTIL 3:45PM- THE REC POOL WILL BE CLOSED EVERY TWO HOURS FOR A 15

**MINUTE BREAK, MARCH 22ND THE POOL WILL BE CLOSED FROM 3:00pm- 3:45pm.
MARCH 24TH WILL ONLY BE OPEN FOR AQUA ZUMBA AND AQUA FIT ONLY!!**

**A NEW SCHEDULE WILL BE POSTED FOR APRIL WITH MORE STAFF AND OPEN
SWIM HOURS!!!**