



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

WATER FITNESS CLASSES

MARCH

Monday	Tuesday	Wednesday	Thursday	Friday
<u>8:00-8:50</u> Aquacise Gail <u>RP</u>		<u>8:00-8:50</u> Aquacise Gail <u>RP</u>	<u>8:30-9:20</u> BootCamp Doug <u>CP</u>	
<u>9:00-9:50</u> Aquacise Gail <u>RP</u>		<u>9:00-9:50</u> Aquacise Gail <u>RP</u>	<u>9:30-10:20</u> Aqua Deep Jean <u>CP</u>	<u>9:30-10:20</u> Zumba® Angie <u>RP</u>
<u>11:00-11:50</u> Aqua Fit Shallow Gail <u>RP</u>		<u>10:30-11:20</u> Aqua Fit Shallow Jessica <u>RP</u>		<u>11:00-11:50</u> Aqua Fit Shallow Nancy <u>RP</u>
	<u>6:30-7:20pm</u> Zumba® Angie <u>RP</u>		<u>6:30-7:20pm</u> Zumba® Angie <u>RP</u>	