



FOR YOUTH DEVELOPMENT™  
 FOR HEALTHY LIVING  
 FOR SOCIAL RESPONSIBILITY

## CYCLE STUDIO SCHEDULE - March

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Morning Classes</b>						
	<u>5:30 – 6:20</u> <b>Cycle</b> Monica  <u>7:30-8:20</u> <b>Cycle and Strength</b> Doug		<u>5:30 – 6:20</u> <b>Cycle</b> Dayle  <u>7:30-8:20</u> <b>Cycle and Strength</b> Doug/Diane			
<u>9:30 – 10:20</u> <b>Cycle</b> Diane		<u>9:30 – 10:20</u> <b>Cycle</b> 3/1 – Diane 3/8 – Diane 3/15 – Sarah 3/22- Diane 3/29- Diane	<u>8:30 - 9:20</u> <b>Cycle Sculpt</b> Jackie		<u>8:30 - 9:20</u> <b>Cycle</b> 3/4 – Kara 3/11 – Monica 3/18 – Dayle 3/25 – Diane	<u>9:30-10:20</u> <b>Cycle</b> 3/5 – Diane 3/12 -Kathie 3/19-Monica 3/26-Kathie
	<u>11:30-12:30</u> <b>Cycle Lite and Strength</b> Sarah					
<b>Evening Classes</b>						
<u>6:00 – 6:50</u> <b>Cycle</b> Tim		<u>6:00 – 6:50</u> <b>Cycle</b> Tim				



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**YMCA Name**

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