

North Royalton Gymnasium Schedule

October 7th 2022 thru December 17th 2022 Schedule subject to change

Monday Tuesday Wednesday Sunday Thursday Friday Saturday Pickle Ball Open Gym Open Gym Open Gym 6am-10am 6am-8:45am Pickle Ball Pickle Ball Open Gym 6am-8:45am 6am-10am 6am-10am 7am-8am 8am-10am Zumba Zumba Zumba Open Gym Open Gym 9am-10am Open Gym JR CAVS 9am-10am 10am-11am Walk Class 10am-6pm Walk class 10-10am-6pm 10am-9pm 9am-8pm 10am-10:55am 10:50am JR Cavs Open Gym JR CAVS Open Gym 6pm-7:30pm Open 11am-6pm 11am-11:50-11am-4pm 5:30pm-9pm 5:45pm JR Cavs Men's League 6pm-9pm 5:45pm-10pm **Back Court** Pickle Ball Open Gym Pickleball Open Gym Open Gym Pickle ball Open Gym 6am-10am 6am-10am 6am-8:45am 6am-10am 7am-8am 6am-8:45am 8am-10am Zumba Zumba 9am-10am 10am-11am JR Cavs Open Gym Open Gym Open Gym Zumba 9am-8pm 10am-9pm 9am-10am 10am-6pm 10am-9pm Open Gym Walk Class Walk Class JR CAVS 10am-11:50am 11am-4pm 10am-10:55am 6pm-9pm Open Gym 11am-5:45pm Men's League Open Gym 5:45pm-9pm 11am-6pm JR CAVS 6pm-9pm

Front Court



Open Gym Policies:

No guest are permitted in the gymnasium

Any Child who is a member and is under the age of 10 must be accompanied by an adult.

If there is more than 15 members in the gym the courts will be divided.

The **B<u>ack Court</u>** will be designated for full court pickup games.

All three hoops on the *Front Court* will be designated for open shoot around.

No food or drink is permitted in the gym.

On Friday evenings the Gymnasium will close at **<u>8:30pm</u>** all members must be out of the gymnasium at this time.

The YMCA Code of Conduct must be followed at all times. Failure to adhere to the code of conduct may result in suspension or possible membership termination.

No Profanity or abusive language permitted.

Please refer to the sign posted on the wall at the score table.