



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



WATER FITNESS CLASSES DECEMBER

**Due to the holidays we will have a special schedule for the
12/24, 12/26, 12/31 and 1/1**

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>8:00-8:50</u> Aquacise Gail <u>RP</u></p>		<p><u>8:00-8:50</u> Aquacise Gail <u>RP</u></p>	<p><u>8:30-9:20</u> BootCamp Doug <u>CP</u></p>	
<p><u>9:00-9:50</u> Aquacise Gail <u>RP</u></p>		<p><u>9:00-9:50</u> Aquacise Gail <u>RP</u></p>	<p><u>9:30-10:20</u> Aqua Deep Jean <u>CP</u></p>	<p><u>9:30-10:20</u> Zumba® Angie <u>RP</u></p>
<p><u>11:00-11:50</u> Aqua Fit* Shallow Shelly <u>RP</u></p>		<p><u>10:30-11:20</u> Aqua Fit* Shallow Jessica <u>RP</u></p>		<p><u>11:00-11:50</u> Aqua Fit Shallow Nancy <u>RP</u></p>
	<p><u>6:30-7:20pm</u> Zumba® Angie <u>RP</u></p>		<p><u>6:30-7:20pm</u> Zumba® Angie <u>RP</u></p>	-



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA Name

123 Anystreet, Anytown, US 99999

P 888 888 8888 **F** 222 222 2222 ymcaofanytown.net