



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



WATER FITNESS CLASSES

JULY

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>8:00-8:50</u> Aquacise Gail <u>RP</u></p>		<p><u>8:00-8:50</u> Aquacise Gail <u>RP</u></p>	<p><u>8:30 – 9:20</u> Aqua Bootcamp Doug <u>CP</u></p>	
<p><u>9:00-9:50</u> Aquacise Gail <u>RP</u></p>	<p><u>9:30-10:20</u> Zumba® Angie <u>RP</u></p>	<p><u>9:00-9:50</u> Aquacise Gail <u>RP</u></p>		
<p><u>11:00-11:50</u> Aqua Fit* Shallow Nancy <u>RP</u></p>		<p><u>10:00-10:50</u> Aqua Fit* Shallow Jessica <u>RP</u></p>	<p><u>11:00-11:50</u> Zumba® <u>RP</u> Angie</p>	
<p>Pre-Registration required for Aqua Fit Shallow</p>	<p><u>6:30-7:20pm</u> Zumba® Angie <u>RP</u></p>	<p>Pre-Registration required for Aqua Fit Shallow</p>	<p><u>6:30-7:20pm</u> Zumba® Angie <u>RP</u></p>	