

West Shore Family YMCA

May 16th -May 21st Pool Schedule

	Monday 5/16	Tuesday 5/17	Wednesday 5/18	Thursday 5/19	Friday 5/20	Saturday 5/21
9:00 AM	9:00-4:00 Open Swim	Pool Closed	Pool Closed	Pool Closed	9:00-4:00 Open Swim	9:00 - 1:00 Family Swim
11:00 AM		10:30-11:30 AQUA FIT	10:30-11:30 AQUA YOGA	10:30-11:30 AQUA FIT		
12:00 PM		Pool Closed	Pool Closed	Pool Closed		
1:00 PM		12:30-4:00 Open Swim	12:30-4:00 Open Swim	12:30-4:00 Open Swim		Pool Closed
2:00 PM 3:00 PM						Requirements to train to be a lifeguard: - Must be able to tread water for 2 minutes without hands.
4:00 PM						- Must be able to swim from the shallow end and retrieve a weighted object and return to the shallow end with it.
5:00 PM	Pool Closed	4:00-7:30 Family Swim	4:00-7:30 Family Swim	4:00-7:30 Family Swim	Pool Closed	
6:00 PM						swim (front crawl or breaststroke) 300 yards.
7:00 PM						

We will train and certify people age 16+ for FREE when they work for us.

Schedule will change as soon as we obtain more staff.
All changes are announced on the West Shore page of our website: clevelandymca.org

West Shore Family YMCA

Jhill@clevelandYMCA.org

440.871.6885