

West Shore Family YMCA

January Basketball Court/Gymnasium Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 AM	- Open 6:00-9:45	Open 6:00-9:45	Open 6:00-9:45	Open 6:00-9:45	Open 6:00-9:45	
7:00 AM						
8:00 AM						
9:00 AM						
10:00 AM	Fitness After 50 10:00-10:50	SilverSneakers Classic 10:00-10:50	Fitness After 50 10:00-10:50	SilverSneakers Classic 10:00-10:50	BOOM Combo 10:00-10:50	
11:00 AM	Pickleball 11:00-12:30	Pickleball 11:00-12:30	Pickleball 11:00-12:30	Pickleball 11:00-12:30	Pickleball 11:00-12:30	Open 8:00-2:00
12:00 PM						
1:00 PM	- Open 12:30-7:00	Open12:30-4:45	Open 12:30-7:00	Open 12:30-4:45	Open12:30-8:00	
2:00 PM						
3:00 PM						
4:00 PM						
5:00 PM		Martial Arts		Martial Arts		
6:00 PM						
7:00 PM	Basketball Leagues	Basketball Leagues	Basketball Leagues	Open 6:45-8:00		

Schedule may change due to special events and basketball leagues.

All changes are announced on the West Shore page of our website: clevelandymca.org

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440.871.6885