



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

**Nov. 29th to Dec. 5th, 2021**

**Recreation Pool**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
6:30								
7:00	Adult Swim 6:30am-7:15am		Adult Swim 6:30am-7:15am	Adult Swim 6:30am-8:00am [Volleyball - 30 minutes]				
7:30	Volleyball 7:15am-8am		Volleyball 7:15am-8am					
8:00						Adult Swim 7:30am - 9:00am		
8:30	Aquacise 8:00am -8:50am	Arthritis 8:00am - 8:50am	Aquacise 8:00am -8:50am	Arthritis 8:00am - 8:50am	Volleyball 8:00am-8:50am			
9:00								
9:30	Aquacise 9:00am -9:50am		Aquacise 9:00am - 9:50am					
10:00					Swim Lessons 9:00am-10:30am			
10:30	Adult Swim 10:00am - 11:00am	Adult Swim 9:00am - 12:00pm	Adult Swim 10:00am-11:00am	Adult Swim 9:00am - 12:00pm				
11:00						Adult Swim 10:30am - 12:00pm	Family Swim 9:00am - 1:30pm	Family Swim 8:30am-1:30pm
11:30	Aqua Fit 11:00am-11:50am		Aqua Fit 11:00am - 11:50am					
12:00								
12:30								
1:00								
1:30								
2:00								
2:30								
3:00								
3:30								
4:00								
4:30								
5:00	Group Lessons 4:00pm - 6:30pm	Family Swim 4:00pm - 6:30pm	Group Lessons 4:00pm-6:30pm	Family Swim 4:00pm-6:30pm	Family Swim 4:00pm - 7:30pm			
5:30								
6:00								
6:30								
7:00		Aqua Zumba 6:30pm-7:30pm		Aqua Zumba 6:30pm-7:30pm				
7:30	Family Swim 6:30pm - 8:30pm		Family Swim 6:30pm -8:30pm					
8:00								
8:30								

The pool schedule is subject to change upon lifeguard availability.

Spa Policies

1. Must be at least 18 years of age.
2. Swim attire is required.
3. Compliance with Covid19 Procedures is required.
4. Please shower before entering
5. Do not use without lifeguard supervision

Sauna Policies

1. Must be at least 18 years of age.
2. Athletic or Swim attire is required.
3. Compliance with Covid19 Procedures is required.
4. Do not use oils or lotions while in sauna
5. Long pants, shirts and shoes are prohibited.