



WARRENSVILLE HEIGHTS YMCA AQUATICS SCHEDULE Aug 8- Aug 14

TIME	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		TIME
	LAP POOL	LEISURE POOL	LAP POOL	LEISURE POOL	LAP POOL	LEISURE POOL	LAP POOL	LEISURE POOL	LAP POOL	LEISURE POOL	
7:00a	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	7:00a
7:30a	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	7:30a
8:00a	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim(2 Lanes)	Adult Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim(2 Lanes)	Adult Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	8:00a
8:30a	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim(2 Lanes)	Adult Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim(2 Lanes)	Adult Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	8:30a
9:00a	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim(2 Lanes)	Adult Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim(2 Lanes)	Adult Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	9:00a
9:30a	AQUA AEROBICS		Lap/Rec Swim(2 Lanes)	Family Swim	AQUA AEROBICS		Lap/Rec Swim(2 Lanes)	Family Swim	AQUA AEROBICS		9:30a
10:00a	AQUA AEROBICS		Lap/Rec Swim(2 Lanes)	Family Swim	AQUA AEROBICS		Lap/Rec Swim(2 Lanes)	Family Swim	AQUA AEROBICS		10:00a
10:30a	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim(2 Lanes)	Family Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim(2 Lanes)	Family Swim	POOL CLOSED		10:30a
11:00a	Lap/Rec Swim (3 Lanes)	Adult Swim	DEEP CLEANING/ POOL CLOSED		Lap/Rec Swim (3 Lanes)	Adult Swim	DEEP CLEANING/ POOL CLOSED		DEEP CLEANING/ POOL CLOSED		11:00a
11:30a	AQUACISE		AQUA TONE		AQUACISE		AQUA TONE		AQUACISE		11:30a
12:00p	AQUACISE		AQUA TONE		AQUACISE		AQUA TONE		AQUACISE		12:00p
12:30p	Lap/Rec Swim(2 Lanes)	Adult Swim	Lap/Rec Swim(3 Lanes)	Adult Swim	Lap/Rec Swim(2 Lanes)	Adult Swim	Lap/Rec Swim(2 Lanes)	Adult Swim	POOL CLOSED/ SUMMER CAMP		12:30p
1:00p	AQUA ARTHRITIS		Lap/Rec Swim(3 Lanes)	Adult Swim	AQUA ARTHRITIS		Lap/Rec Swim(2 Lanes)	Adult Swim	POOL CLOSED/SUMMER CAMP		1:00p
1:30p	AQUA ARTHRITIS		Lap/Rec Swim(3 Lanes)	Adult Swim	AQUA ARTHRITIS		Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	1:30p
2:00p	Lap/Rec Swim(2 Lanes)	Adult Swim	Lap/Rec Swim(3 Lanes)	Adult Swim	Lap/Rec Swim(2 Lanes)	Family Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	2:00p
2:30p	Lap/Rec Swim(2 Lanes)	Adult Swim	Lap/Rec Swim(3 Lanes)	Adult Swim	Lap/Rec Swim(2 Lanes)	Family Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	2:30p
3:00p	Lap/Rec Swim(2 Lanes)	Adult Swim	Lap/Rec Swim(3 Lanes)	Adult Swim	Lap/Rec Swim(2 Lanes)	Family Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	POOL CLOSED/SUMMER CAMP		3:00p
3:30p	Lap/Rec Swim(2 Lanes)	Adult Swim	Lap/Rec Swim(3 Lanes)	Adult Swim	Lap/Rec Swim(2 Lanes)	Family Swim	Lap/Rec Swim (3 Lanes)	Adult Swim	POOL CLOSED/SUMMER CAMP		3:30p
4:00p	Lap/Rec Swim(2 Lanes)	Family Swim	Lap/Rec Swim(3 Lanes)	Family Swim	Lap/Rec Swim(2 Lanes)	Family Swim	Lap/Rec Swim (3 Lanes)	Family Swim	Lap/Rec Swim(3 Lanes)	Family Swim	4:00p
4:30p	Lap/Rec Swim(2 Lanes)	Family Swim	Lap/Rec Swim(3 Lanes)	Family Swim	Lap/Rec Swim(2 Lanes)	Family Swim	Lap/Rec Swim (3 Lanes)	Family Swim	Lap/Rec Swim(3 Lanes)	Family Swim	4:30p
5:00p	Lap/Rec Swim(2 Lanes)	Family Swim	Lap/Rec Swim(3 Lanes)	Family Swim	Lap/Rec Swim(2 Lanes)	Family Swim	Lap/Rec Swim (3 Lanes)	Family Swim	Lap/Rec Swim(3 Lanes)	Family Swim	5:00p
5:30p	Lap/Rec Swim(2 Lanes)	Family Swim	Lap/Rec Swim(3 Lanes)	Family Swim	Lap/Rec Swim(2 Lanes)	Family Swim	Lap/Rec Swim (3 Lanes)	Family Swim	Lap/Rec Swim(3 Lanes)	Family Swim	5:30p
6:00p	Lap/Rec Swim(3 Lanes)	Family Swim	AQUA BOOTCAMP		Lap/Rec Swim(3 Lanes)	Family Swim	Lap/Rec Swim (3 Lanes)	Family Swim	Lap/Rec Swim(3 Lanes)	Family Swim	6:00p
6:30p	Lap/Rec Swim(3 Lanes)	Family Swim	AQUA BOOTCAMP		Lap/Rec Swim(3 Lanes)	Family Swim	Lap/Rec Swim (3 Lanes)	Family Swim	Lap/Rec Swim(3 Lanes)	Family Swim	6:30p
7:00p	Lap/Rec Swim(3 Lanes)	Family Swim	POOL CLOSED		POOL CLOSED		POOL CLOSED		POOL CLOSED		7:00p
7:30p	Lap/Rec Swim(3 Lanes)	Family Swim	POOL CLOSED		POOL CLOSED		POOL CLOSED		POOL CLOSED		7:30p
8:00p	POOL CLOSED		POOL CLOSED		POOL CLOSED		POOL CLOSED		POOL CLOSED		8:00p

TIME	SATURDAY		SUNDAY	
	LAP POOL	LEISURE POOL	LAP POOL	LEISURE POOL
9:00a	AQUA KICKBOXING		POOL CLOSED	
9:30a	AQUA KICKBOXING			
10:00a	Swim Lessons	Swim Lessons		
10:30a	Swim Lessons	Swim Lessons		
11:00a	Swim Lessons	Swim Lessons		
11:30a	Swim Lessons	Swim Lessons		
12:00p	Swim Lessons	Swim Lessons		
12:30p	Swim Lessons	Swim Lessons		
1:00p	POOL CLOSED		Lap/Rec Swim(3 Lanes)	Family Swim

IMPORTANT POOL FAQ's

REGISTRATION ONLY- PLEASE REGISTER AT THE FRONT DESK BEFORE USING THE POOL AREA!

<p>POOL CLOSURES</p> <p>Friday 12:30 - 1:30 and 3:00 - 4:00</p> <p align="center">Summer Camp</p>	<p>CAPACITY</p> <p>Open Swim: 13 (3 in Lap, 15 in Leisure)</p> <p>Classes: 23 (12 in Lap, 10 in Leisure)</p> <p>Hot Tub: 6 (15 minute time limit)</p> <p>Sauna: 6 (15 minute time limit)</p>
<p>SOUTH POINTE AQUATICS THERAPY</p> <p>Monday/ Wednesday: 1pm-6pm</p> <p>Tuesday/Thursday: 8am-11am</p>	<p>FACILITY</p> <p align="center">Hot Tub/Sauna Open (RESERVATION ONLY)</p>

