



## Parker Hannifin Downtown YMCA | August 5th - August 11th

|                            | Monday | Tuesday | Wednesday                                    | Thursday | Friday | Saturday | Sunday |
|----------------------------|--------|---------|--|----------|--------|----------|--------|
| <b>Yoga</b>                |        |         | 6:00AM-7:00AM<br>(Yoga)<br><i>Mairghread</i> |          |        |          |        |
| <b>Yoga</b><br>Yoga studio |        |         | 12:00PM-12:50PM<br>(Yoga)<br><i>Queen</i>    |          |        |          |        |