



Garrettsville Family YMCA | February 26th - March 3rd

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Fun Fitness Room 48	8:30AM-9:30AM (Group Exercise Classes) <i>Janine</i>		8:30AM-9:30AM (Group Exercise Classes) <i>Janine</i>				
Restorative Yoga Gym	8:30AM-9:30AM (Yoga) <i>Marianne</i>		8:30AM-9:30AM (Yoga) <i>Marianne</i>				
Chair Yoga Gym	9:30AM-10:30AM (Yoga) <i>Marianne</i>		9:30AM-10:30AM (Yoga) <i>Marianne</i>		9:30AM-10:30AM (Yoga) <i>Marianne</i>		
Pickleball Practice - Beginners Gym	10:30AM-12:00PM (Other Sports)		10:30AM-12:00PM (Other Sports)		10:30AM-12:00PM (Other Sports)		
Yoga Room 45	6:00PM-7:00PM (Group Exercise Classes) <i>Jan</i>		6:00PM-7:00PM (Group Exercise Classes) <i>Jan</i>		8:30AM-9:30AM (Group Exercise Classes) <i>Jan</i> 6:30PM-7:30PM (Group Exercise Classes) <i>Jan</i>		
Fitness after 50 Room 45		8:00AM-8:50AM (Group Exercise Classes) <i>Lilian</i>		8:00AM-8:50AM (Group Exercise Classes) <i>Lilian</i>			
BOOM Mind & Body Room 45		8:50AM-9:20AM (Group Exercise Classes) <i>Lilian</i>		8:50AM-9:20AM (Group Exercise Classes) <i>Lilian</i>			
Pickleball - Open Play Gym		9:00AM-12:00PM (Other Sports)		9:00AM-12:00PM (Other Sports)			
Silver Sneakers Room 31		9:30AM-10:30AM (Group Exercise Classes) <i>Lilian</i>		9:30AM-10:30AM (Group Exercise Classes) <i>Lilian</i>			