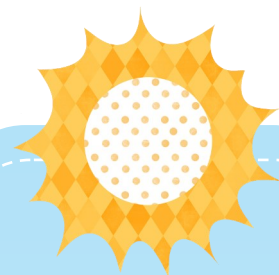


What happening at the West Park- Fairview YMCA. . .

Active Older Adults
Wellness & Group Exercise
The Real You Weight Loss Program
Personal Training
Parent's Night Out
Dance
Gymnastics
Swim Lessons
Water Exercise Classes
And so much more!!!



Branch Hours

Monday through Friday:

5:30 am to 9:00 p

Saturday: 7:00 am to

5:00pm

Sunday: 10:00 am to 4:00

pm

**West Park-Fairview Family
YMCA**

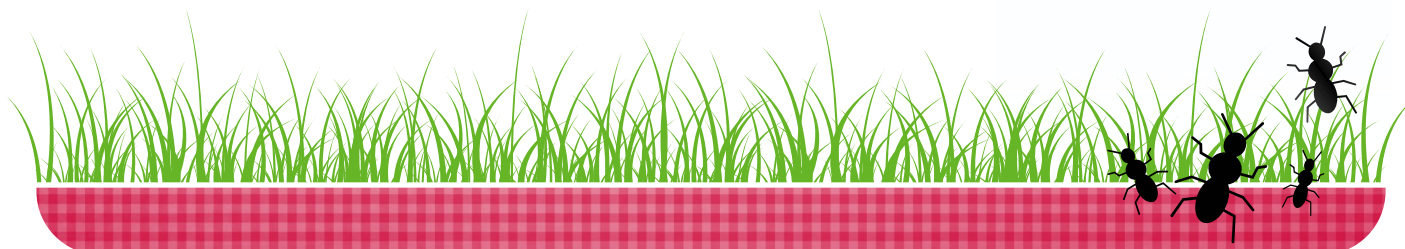
*15501 Lorain Ave.

*Cleveland, OH 44111

Telephone 216 941 5410

ClevelandYMCA.org

[facebook.com/
westparkfairviewfamilyym-
ca](https://facebook.com/westparkfairviewfamilyymca)



Sports Summer Camp * Ages 6-12 years old

Program Weeks

- | | |
|--|---|
| □ June 5 th - June 9 th – Basketball | June 12 th - June 16 th - Soccer |
| □ June 19 th - June 23 rd – Fun Camp | June 26 th - June 30 th – Basketball |
| □ July 3 rd – July 7 th - Baseball * (No Camp July 4 th) | |
| □ July 10 th – July 14 th - Fun Camp | July 17 th – July 21 st - Flag Football |
| □ July 24 th - July 28 th - Soccer | July 31 st – August 4 th - Fun Camp |
| □ August 7 th – August 11 th - Basketball | August 14 th - August 18 th - Flag Football |

Daily Schedule

9:00-9:15 am	Check-in/Daily Announcements
9:15-9:30 am	Stretching/Warm-ups
9:30-10:30 am	Small group skills sessions
10:30-12:00pm	Sport Specific Games <u>12:00-12:30 Lunch (not provided)</u>
12:30-1:45 pm	Change for swimming
2:00-3:00 pm	Swimming (Monday/Wednesday)
3:00-3:15 pm	Change from swimming
3:15-3:30pm	Snack (not provided)
3:30-3:45 pm	Large Group Games
3:45-4:00 pm	Clean-up/Prepare for pick-up

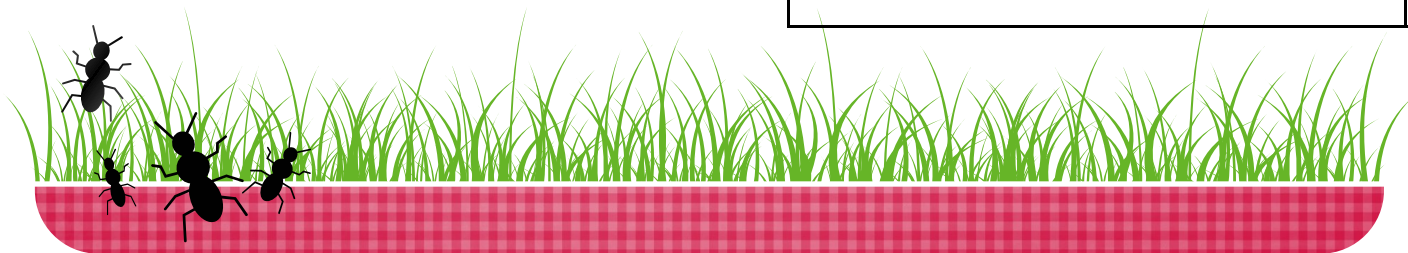
Program Fees (Full Week)

\$100/Member
\$125/Program Member

Program Fees (3 days)

\$70/Member
\$85/Program Member

If you have any questions please contact:
Melissa Byrdy, Program Director
mbyrdy@clevelandymca.org or 216-941-5410



West Park Summer Camp Information

Children must have completed Kindergarten in June 2017 through 12 years of age.

Registration Dates:
On-line Registration www.clevelandyymca.org

March 6th, 2017 for Current Participants
March 13th, 2017 Open to the Public

*Children must have completed Kindergarten in June 2017 through 12 years of age

Camp Dates: Wednesday, May 31st -
Wednesday, August 9th
Monday - Friday 7:00am - 6:00pm

Camp Rate: \$140/Week (Full-Time 4-5 days)

We also offer before and after school care!

Pathways

YMCA Pathways provides a safe, convenient environment for members while they participate in other YMCA programs.

Serving children ages six weeks through 12 years of age, parents can feel at ease knowing their children are in the hands of caring, friendly and qualified staff.

Through fun, hands on activities, we foster an environment for positive social skills, growth and imagination.

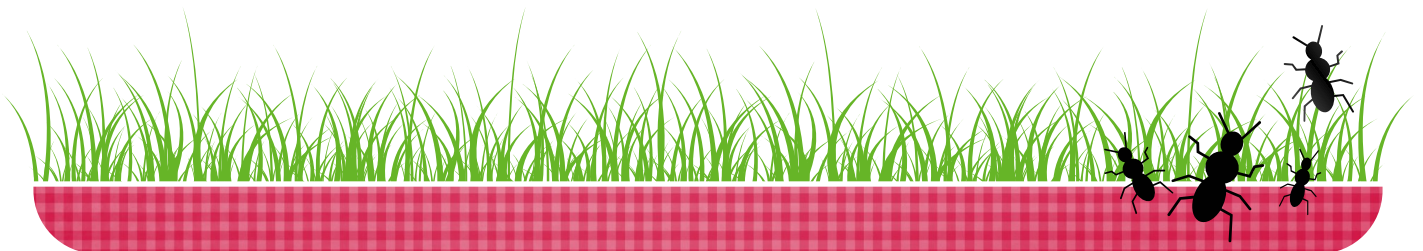
Children are welcome in Pathways Centers up to 2 hours per day

You must remain in the building while your child is in the Pathways Center

Children participating in the Pathways Center must have a youth or family membership

Children must be signed in/out of the Pathways Center by an adult

If you have any questions please contact:
Meghan Scott, Area Youth Development Director
mScott@clevelandyymca.org or 216-941-5410



Aquatics

West Park "Swim Lesson" Academy Spring Session Date

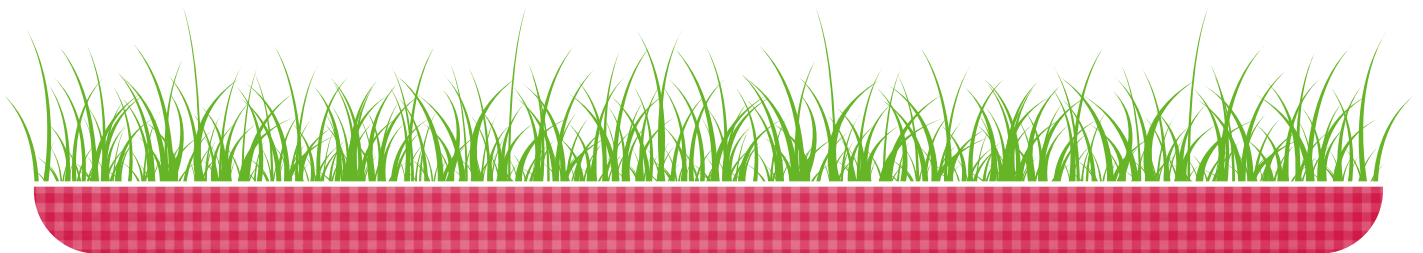
Spring 1-March 20th-April 23rd

Spring 2 April 24th-May 28th

Summer 1 June 5-July 9th

Summer 2 July 10th-August 13th

Class Level	Tuesday	Wednesday	Thursday	Saturday
A Water Discovery				9:00 - 9:30
B Water Exploration		5:45 - 6:25		
Water Acclimation Level 1 (3-5)	6:00-6:40	5:00 - 5:40	5:15 - 5:55	9:45 AM - 10:25
Water Movement Level 2 (3-5)	4:30-5:10		4:30 - 5:10	10:30 - 11:10
Water Stamina Level 3 (3-5)		5:00 - 5:40		9:45 - 10:25
Stroke Introduction Level 4 (3-5)	5:15-5:55			
Water Acclimation Level 1 (6-12)	4:30-5:10	6:30 -7:10	6:00 - 6:40	10:30 - 11:10
Water Movement Level 2 (6-12)		6:30 -7:10	4:30 - 5:10	11:15 -11:55
Water Stamina Level 3 (6-12)	6:00-6:40		5:15 - 5:55	11:15 -11:55
Stroke Introduction Level 4 (6-12)	5:15-5:55	5:45 -6:25		
Stroke Development Level 5 (6-12)				
Stroke Mechanics Level 6 (6-12)			6:00 - 6:40	
Pre School Swim		9:40-10:10		
Competitive Skills			6:00-6:40	
Adult Lessons	6:45-7:15			12:00-12:40



Babysitting class

April 9th
May 7th & May 21st
June 11th & June 25th

Class Times
10:00- 4:30pm

This class Teaches Participants:

- How to care for infants, toddlers and school aged children.
- The business of babysitting including how to keep themselves safe.
- How to create a safe & positive environment and prevent injuries.
- Age appropriate activities and games.
- How to communicate with parents and children.

Basic CPR and First Aid skills.

Participants all receive a babysitting training manual and DVD that are a great resource before and after the course. This will help them with planning, creating Resumes, the safest way to find babysitting jobs and reminders on everything they learned in the course. Participants will also receive a Certificate upon completion of the course.

We ask that all participants register in advance, and please bring a lunch to the class.

Lifeguard Classes

Week of April 17th-21st (Full Week Course)

Monday - Friday 9-5

June 16,17,18 & June 24,25 (Two weekend course)

Friday 5-8 Saturday 9-5 Sunday 10-4

Participants ages 15 and older must be present at all class times in order to complete the certification. Upon passing the final skills test participants will receive Red Cross Lifeguarding, CPR, First Aid & AED.

Prerequisite:

300-Yard Swim (Must be continuous, while using Front Crawl, Breaststroke, or a combination of both)

Tread Water (2 Minute tread without support or stopping. Must Tread with ONLY LEGS)

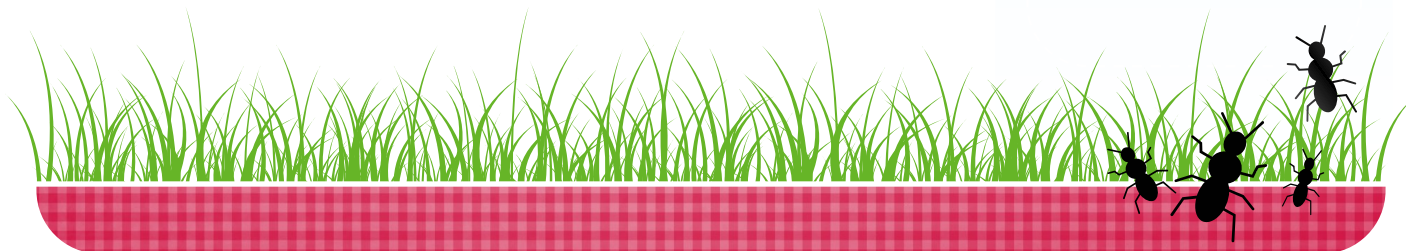
Brick Test (1 minute and 40 second timed event)

Rowing Tests

If you are a part of a crew team or planning on Joining a crew team and need the Safety assessment done. One of our Lifeguards or WSI can help you achieve that test.

Bring your form for the team, and \$5.00. The test takes approximately 10 minutes and we will have you in and out!

If you have any questions please contact:
James Mannion, Aquatics
Program Coordinator
jmannion@clevelandymca.org
or 216-941-5410



YMCA Scholarship Program

The scholarship program is a sliding fee scale that is designed to provide services for any family, adult or senior who desires to participate and understands the benefits of the YMCA, regardless of their ability to pay the prescribed fee. Those not able to pay the full fee may be awarded a scholarship based on their demonstrated ability to pay and the YMCA's ability to fund the subsidy.

Funding for scholarships comes from grant sources and from fellow members who donate to the YMCA's Annual Campaign. Each year the campaign provides membership and program scholarships for more than 4,000 adults and children.

All YMCA members receive the same membership benefits, regardless of whether or not they are receiving assistance.

The YMCA of Greater Cleveland requires that individuals provide information regarding income, family size and necessary expenses so that it can provide financial assistance in a fair and consistent manner. All records are kept confidential.

MAKE A DONATION

The Y embraces people of all ages, incomes, abilities, religions and ethnic backgrounds; they're for everyone. Ys work to break barriers of isolation and to create the connections between people that add meaning to life.

Children and families who cannot afford to pay full costs deserve the experiences the Y offers as much as those who can. Your support of our Annual Campaign helps the YMCA of Greater Cleveland provide programs and services to those who otherwise couldn't afford to participate.

With your gift, you can:

- * Help children and teens grow up happy and strong
- * Support families in their efforts to be successful
- * Make your neighborhood a safer, healthier, better place to live and work

