

# COMMUNITY SAFETY PROGRAMS

## AMERICAN RED CROSS BABYSITTERS TRAINING COURSE

This course provides individuals, ages 11 to 15, with the information and skills necessary to provide safe and responsible care for children in the absence of parents or adult guardians.

This training will help participants develop skills in leadership and professionalism, basic care, safety and safe play and first aid. Please bring a bag lunch.

## AMERICAN RED CROSS LIFEGUARD COURSE

Looking for a great job? This course provides participants age 15 or older with the skills needed to be professional lifeguards, including preventing and responding quickly and effectively to aquatic emergencies.

You must attend all sessions of the course and pass a written and practical exam to receive certifications.

At the completion of the course participants will be certified in Lifesaving, CPR/AED and First Aid.

## AMERICAN RED CROSS SPORT INJURY PREVENTION AND FIRST AID WITH CPR/AED ADULT

This course will give instruction on sports-related injury prevention, first aid and adult CPR with AED. Developed in partnership with the United States Olympic Committee, the course is recommended for coaches, sports officials and parents of athletes.

Program satisfies the Ohio Athletic Association PAV requirement.

## AMERICAN RED CROSS CPR/AED CHALLENGE AND LIFEGUARDING CHALLENGE:

Need your CPR/AED or Lifeguarding renewed? Recertify by appointment only. Contact your local YMCA.

## WATER SAFETY INSTRUCTOR COURSE

Trains swim instructor candidates to teach water safety, including the Basic Water Rescue course, six levels of the Learn to Swim and Parent, Pre-School and Parent and Child courses. You do NOT have to be a certified lifeguard.

Prerequisites: Be at least 16 years of age by the last scheduled session of the instructor course. Successfully complete the pre-course session, which includes swimming all the strokes. Some instruction will be given on butterfly.

## FIRST AID/ CPR FOR WORKPLACE AND COMMUNITIES

Now offering a two-year certification, this course teaches workplace responders, daycare providers, school staff and anyone who wants to be prepared to respond to emergencies and provide care until advanced medical care arrives.

This course meets OSHA requirements and provides a choice of first aid, CPR, and AED courses.

## BLOODBORNE PATHOGENS TRAINING: PREVENTING DISEASE TRANSMISSION

This training course is designed for workers at risk for on-the-job exposure to blood or other body fluids that could cause infection.

